



# National Chapter ISSUP Kazakhstan. Youth Committee.

NC Coordinator: Nadezhda Cherchenko, RSPCMH, Almaty  
YC leader: Dina Suraganova, "Astana" MU

# International ISSUP Conference

July 2019, Vienna

- During the Conference on July 4, 2019, an Agreement between ISSUP Global and the host organization is the Republican Scientific and Practical Center of Mental Health of the Ministry of Health (RSPCMH) was signed.
- The way of National Chapter of ISSUP Kazakhstan has begun.



International Conference on Drug Prevention, Treatment and Care.  
July 2019, Vienna International Centre in Vienna, Austria.

# Republican Scientific and Practical Center of Mental Health

RSPCMH - the largest center of scientific and practical activities in the field of mental health, providing specialized medical care to the entire population of the Republic of Kazakhstan.



Website: <https://mentalcenter.kz>

Instagram: @mentalcenter.kz

# The formal launch of ISSUP Kazakhstan Chapter

The formal launch of ISSUP Kazakhstan Chapter took place on the 14th of April, 2021

The event was attended by distinguished guests:

-William McGlynn (USA), Senior Advisor to the Bureau of International Narcotics and Law Enforcement Affairs (INL).

-Igor Koutsenok (USA), MD, Professor of Psychiatry, University of California San Diego, Department of Psychiatry Director, Center for Criminality & Addiction Research, Training & Application Director, International Technology Transfer Center-Ukraine, Vice President, ICUDDR.

-Olha Myshakivska (Ukraine), ISSUP Asia National Chapters Coordinator.



**LIVE WEBINAR**

**ISSUP** INTERNATIONAL SOCIETY OF SUBSTANCE USE PROFESSIONALS  
KAZAKHSTAN chapter

## ISSUP Қазақстан Ұлттық бөлімшесін ашу жөніндегі Іс-шаралар жоспары

Сәлемдесу сөзі:

**Уильям МакГлинн**, Аға кеңесші, INL

**Эльмира Жусупова**, ҚР психикалық денсаулық саласында жұмыс істейтін мамандар қауымдастығының хатшысы

**Сауле Тулеусаринова**, Бағдарлама менеджері, INL, Нұр-Сұлтан қ. АҚШ елшілігі

**Даулет Байпеисов**, Республикалық психикалық денсаулық ғылыми-практикалық орталығы бас директорының орынбасары

**Ольга Мышакивская**

**Игорь Куценко**

**Мария Прилуцкая**

**Куаныш Алтынбеков**

2021 жылдың 14 сәуірі Нұр-Сұлтан уақыты бойынша сағат 10.00 - 11.30-да

## Important topics at the event:

- “The role of ISSUP in the Central Asian Countries” – Olha Myshakivska, (Ukraine)
- “Amphetamine type substances - clinical problem and therapeutic approaches” – Igor Koutsenok, (USA)
- “New Narcotic Challenges in Clinical Practice” – Mariya Prilutskaya, (Kazakhstan)

# Activities of National Chapter ISSUP Kazakhstan

- Joint and Local webinars
- Central Asian open lecture series on Screening, Assessment, and Treatment of Substance use disorders
- Work to involve new ISSUP members
- INEP Plus course (2022, 2023)
- Work as a provider of UTC and UPC trainings
- Implement the recommendations to support families of people who use drugs in Kazakhstan
- Research
- International Conferences:

The screenshot shows the ISSUP Kazakhstan network interface. On the left, there are buttons for 'Post Message', 'Add Event', 'Upload File', 'Share Image', 'Share Link', 'Share Video', and 'Leave Network'. Below these are sections for 'Moderators' (Nikolay Negay) and 'Members' (See all 128 members). The main area displays a list of members with their names, photos, and affiliations, including Togzhan Tulendina, Baljanova Aisha, Nursultan Altıyev, Svetlana Aleksandrovna Appel, Daulet Baipaisov, Anna Blyum, Nadezhda Cherchenko, Aidana Gumar, Azamat Ibrayev, Barmaev Bolat, Baekoeva Saule, Kuanysh Altynbekov, Muhammad Aslam, Lessya Biketova, Gulnur Bolyspayeva, Jacob, Gerardo Hernández Garduño, and Marzhan Kissina.

**Abu Dhabi** online | in person **12 - 16 May**  
**UNITING the GLOBAL COMMUNITY**  
 TO FACE THE CHALLENGE OF ADDICTION  
 conference | trainings | workshops

Logos for ISSUP, ICUDDR, and other partners are visible at the bottom.

**The Art of Healing**  
 A new era in substance use prevention, harm reduction, treatment and recovery support  
**24-28 June 2024**  
 Thessaloniki, Greece

Logos for ISSUP, ICUDDR, and other partners are visible at the bottom.



# Joint and Local webinars

**ISSUP** **ISSUP** **Webinar**

**September, 23 2020**  
12.00 / 16.00  
Kyiv Nur-Sultan

**New Challenges in Treatment Addictions: Experience of Ukraine and Kazakhstan**

Welcome!

September 23, 2020 from 12.00 to 13.30 Kyiv time (16:00-17:30 Nur-Sultan time) a webinar will be held under the auspices of ISSUP (The International Society of Substance Use Prevention and Treatment Professionals)

Webinar topic: "New Challenges in Treatment Addictions: Experience of Ukraine and Kazakhstan"

Moderator: Nadezhda Nikolaevna Cherchenko, psychiatrist, Almaty, Kazakhstan.

**Speakers and topics:**

- Mariya Prilutskaya**, Ph.D., assistant of Department of Personalized Medicine and Pediatrics, Pavlodar Branch of Semey Medical University, Pavlodar, Kazakhstan  
"New Narcotic Challenges in Clinical Practice: Difficulties with Clinical Management of Addiction to New Psychoactive Substances"
- Yulia Yachnik**, University Clinic of Taras Shevchenko National University of Kyiv, Doctor, psychologist  
"Contemporary approaches to gambling treatment"
- Lessya Biketova**, candidate of psychology, head of the "Department of scientific management and education", the branch of the Republican scientific and practical center of mental health, Pavlodar, Kazakhstan  
"Socio-psychological support of people with drug addiction at the stage of social rehabilitation"
- Stanislav Chumak**, Institute of Psychiatry of Taras Shevchenko National University of Kyiv, Senior Researcher  
"Comorbid mental disorders in users of psychoactive substances"
- Nadezhda Cherchenko**, psychiatrist, the Branch of Scientific and Practical Center of Mental Health, Almaty

**LIVE WEBINAR** **ISSUP** INTERNATIONAL SOCIETY OF SUBSTANCE USE PROFESSIONALS

**The Prevalence of Substance Use Disorders in the Asia Region: A Two-Decade Perspective on New Tendencies and Substances**

November 20, 2020 11am Kyiv | 4pm Bangkok | 9am London

**Speakers and Topics**

"Two Decade ASEAN Drug Use: Drug Monitoring Report"

**Prapapun Chucharoen**  
Ph.D., Assistant Professor, Director, Asia-Pacific Regional Collaboration Center of ICUDDR, Addiction Studies Department, ASEAN Institute for Health Development, Mahidol University, Thailand.

**ISSUP** INDONESIA chapter **ISSUP** KAZAKHSTAN chapter

"Epidemiology of Substance Use Disorders during and after Covid 19 Pandemic in Indonesia"

"Conundrum or Challenge: New Drug Trends in the Republic of Kazakhstan"

**LIVE WEBINAR** **ISSUP** KAZAKHSTAN chapter

**Профилактика и помощь при передозировках психоактивными веществами**

Профилактика и помощь при передозировках психоактивными веществами: Общий обзор и опыт Украины.

**Д-р Вячеслав Кушаков**  
основатель и старший советник Альянса Общественного здоровья

5 октября 2021 года 10.00 ч. Лондон | 15.00 ч. Нур-Султан



**LIVE WEBINAR**

**Psychotherapy of Substance Use Disorders**

**ISSUP** UKRAINE chapter **ISSUP** KAZAKHSTAN chapter

**Lessya Biketova** **Shaizat Tleubaeva**

**Yulia Yachnik** **Oleg Shults**

**LIVE WEBINAR** **ISSUP** PHILIPPINES chapter

**Mariya Prilutskaya**  
Ph.D., Assistant Professor, Semey Medical University

**Maria Regina Hechanova Alampay**  
Chief of Party, USAID RenewHealth

"Drug Use and Community-Based Rehabilitation in the Philippines"

**LIVE WEBINAR** **ISSUP** KAZAKHSTAN chapter

**Поддерживающая Терапия Агонистами Опиоидов**

Клинические и организационные аспекты программы поддерживающей терапии агонистами опиоидов. Опыт предоставления программы на территории Украины.

**Д-р Виктор Коломиец**  
Альянс общественного здоровья  
Руководитель проектов лечения: ПТАО

11 ноября 2021 года 09.00 ч. Лондон | 15.00 ч. Нур-Султан



# INEP PLUS

CHARLES UNIVERSITY  
First Faculty of Medicine

ISSUP  
INTERNATIONAL SOCIETY OF  
SUBSTANCE USE  
PROFESSIONALS

## INEP Plus

A Pilot Course

### A Facilitated Introduction to Evidence-Based Prevention

31/03/2021

Participants visible in the grid include: jefflee, Rachele Donini, Nadezhda Cherchenko, Susan Grace Rivera, Tito Mora, Lenovo, Albert Muraya, Alyazi Almazrouei, Fabio Patrino, umberto nizzoli, Natalia Zachartzi, AR, Stelios Gkiouzepas, Elvina sahusilawane, Ioulia Bafi, Manish, SPYM, Kristiana Siste, Kirsty Fitzpatrick, Hala Najm- Lebanon, Livia Edegger, Galaxy J4+, michaelbrobbey, Roger Weimann, Setareh Azizi, and shakivska.

Participants visible in the grid include: jefflee, Belqes Gaber, and several other unnamed participants.

CHARLES UNIVERSITY  
First Faculty of Medicine

ISSUP  
INTERNATIONAL SOCIETY OF  
SUBSTANCE USE  
PROFESSIONALS

## THIS IS TO CERTIFY THAT

### Nadezhda Cherchenko

Successfully participated in the INEP Plus Online Prevention Programme provided by Charles University and ISSUP and can operate as a Facilitator for the INEP Plus Programme for ISSUP Kazakhstan National Chapter.

March 2021

*Joanna Travis-Roberts*  
Joanna Travis-Roberts  
Chief Executive, ISSUP

*Rachele Donini*  
Rachele Donini  
Lead Trainer, INEP Plus

*Michal Miovský*  
Michal Miovský  
Vice-dean, First Faculty of Medicine, Charles University

CHARLES UNIVERSITY

## CERTIFICATE OF COMPLETION

**Nadezhda Cherchenko**

has successfully completed the course  
Introduction to Evidence-based Prevention

Lecturer of the course  
Assoc. Prof. Roman Gabrhelík, Ph.D.

3 March 2021

Assoc. Prof. Roman Gabrhelík, Ph.D.  
Lead lecturer  
First Faculty of Medicine, Charles University

CHARLES UNIVERSITY  
Ovocný trh 3/5, 116 36, Prague 1, Czech Republic

# Research: Substance use and the role of families. Results of a cross-country study in Pakistan, Kazakhstan, and Ukraine

Organized by



In collaboration with



UKRAINIAN  
PSYCHIATRIC  
ASSOCIATION



RIMON  
Charitable Foundation



WPA REGIONAL CONGRESS

PSYCHOPATHOLOGY  
IN PERIODS OF TRANSITIONS

KYIV, UKRAINE  
JULY, 7-9, 2021

www.2021rcp-congress.com

WPA Regional Congress  
PSYCHOPATHOLOGY  
IN PERIODS OF TRANSITIONS



Опросник 1 - ISSUP Казахстан

\* для родственников людей употребляющих/или имеющих опыт употребления в прошлом ПАВ

<https://doi.org/10.35198/01-2022-002-0007>

adiktologie-journal.eu

ADDICTOLOGY  
ADIKTOLOGIE

68

## Substance Use and the Role of Families. Results of a Cross-Country Study in Pakistan, Kazakhstan, and Ukraine

LEE, J.<sup>1</sup>, MYSHAKIVSKA, O.<sup>2</sup>, FILIMONOVA, N.<sup>3</sup>, PINCHUK, I.<sup>4</sup>, YACHNIK, Y.<sup>5</sup>, CHUMAK, S.<sup>4</sup>,  
ALTYNBEKOV, K.<sup>6</sup>, MUZAFAROV, R.<sup>6</sup>, CHERCHENKO, N.<sup>6</sup>, ASGHAR, S.<sup>7</sup>, ALI, S. A.<sup>8</sup>, ALYANA, S. I.<sup>9</sup>

- 1 | International Society of Substance Use Professionals, London, United Kingdom
- 2 | International Society of Substance Use Professionals, Kyiv, Ukraine
- 3 | Taras Shevchenko National University of Kyiv, Military Institute, Kyiv, Ukraine
- 4 | Taras Shevchenko National University of Kyiv, Institute of Psychiatry, Kyiv, Ukraine
- 5 | Taras Shevchenko National University of Kyiv, University Clinic, Kyiv, Ukraine
- 6 | Republican Scientific and Practical Centre of Mental Health, Almaty, Kazakhstan
- 7 | New Life Rehab Centre, Pakistan
- 8 | Poonch Medical College Rawalakot, Department of Psychiatry and Behavioural Sciences Azad, Kashmir, Pakistan
- 9 | Riphah International University, Faisalabad Campus, Department of Psychology, Pakistan

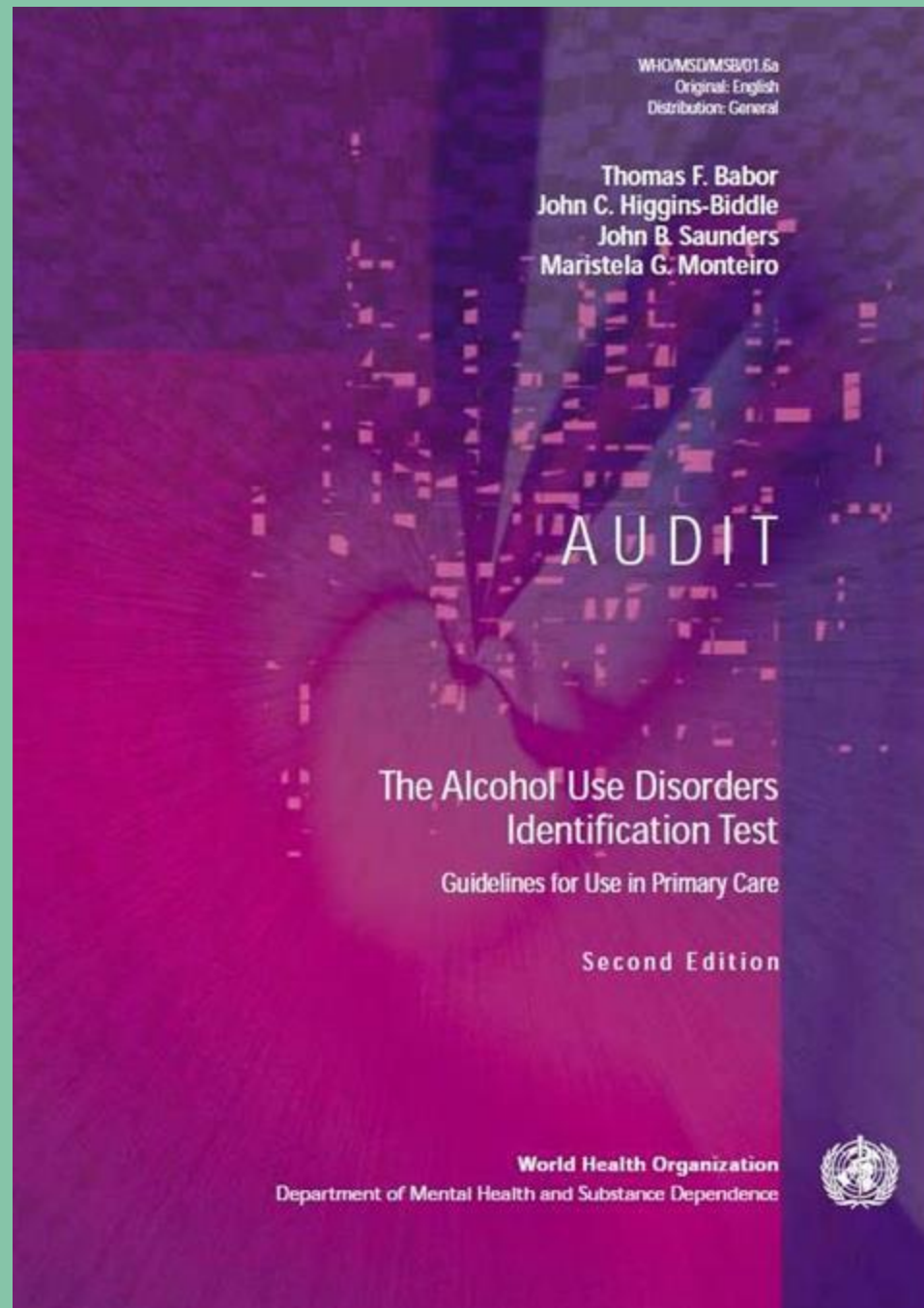
**Citation** | Lee, J., Myshakivska, O., Filimonova, N., Pinchuk, I., Yachnik, Y., Chumak, S., Altynbekov, K., Muzafarov, R., Cherchenko, N., Asghar, S., Ali, S. A., & Alyana, S. I. (2022). Substance use and the role of families. Results of a cross-country study in Pakistan, Kazakhstan, and Ukraine. *Adiktologie*, 22 (2), 68-81. <https://doi.org/10.35198/01-2022-002-0007>

Substance use and the role of families. Results of a cross-country study in Pakistan, Kazakhstan, and Ukraine DOI: [10.35198/01-2022-002-0007](https://doi.org/10.35198/01-2022-002-0007)

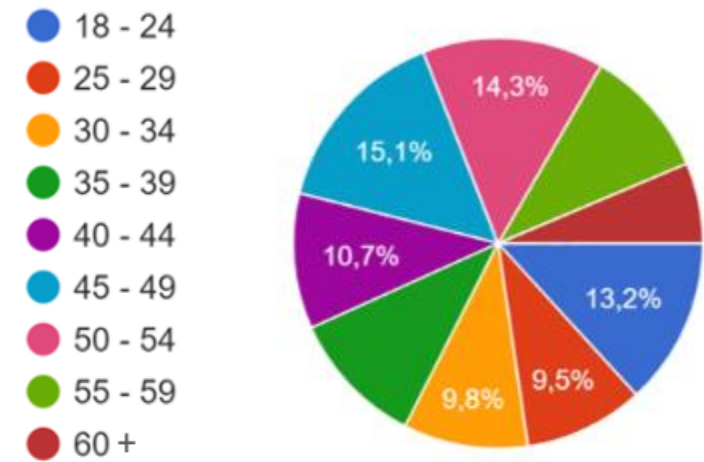


# Cross-Country Comparison of Harmful Alcohol Consumption: The Experience of Greece and Kazakhstan

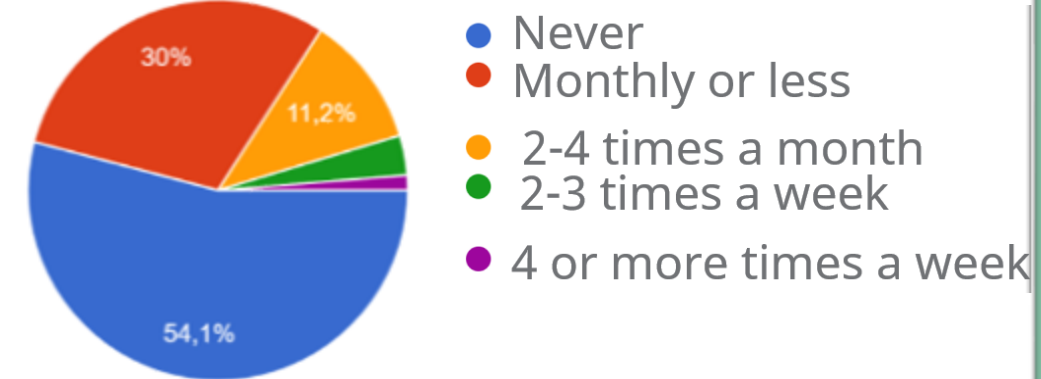
The AUDIT (Alcohol Use Disorders Identification Test) is a simple and effective method of screening for unhealthy alcohol use, defined as risky or hazardous consumption or any alcohol use disorder.



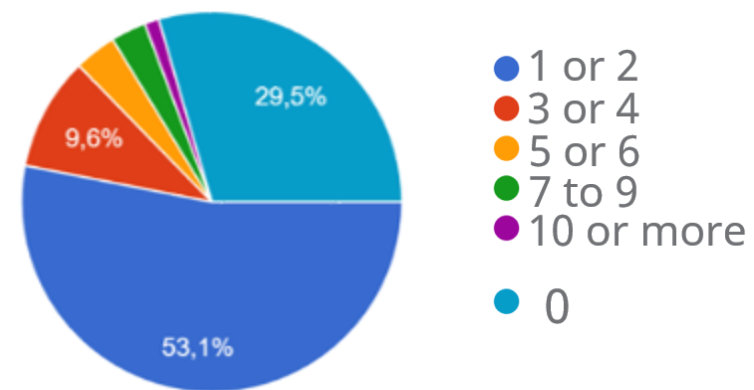
Age of respondents



How often do you have a drink containing alcohol?



How many standard drinks containing alcohol do you have on a typical day when drinking?



How often do you have six or more drinks on one occasion?





Abu Dhabi online | in person 12 - 16 May

# UNITING *the* GLOBAL COMMUNITY

TO FACE THE CHALLENGE OF ADDICTION

conference | trainings | workshops




*Certificate of Completion*  
This is to certify that

**NADEZHDA CHERCHENKO**

has completed the  
**TRAINING ON UPC-PRACTITIONERS, FAMILY-BASED PREVENTION INTERVENTIONS**  
Abu Dhabi, UAE  
12-16 May 2022  
ROOM: CS 20

**Specialty Track 1: Family-based Prevention (24 hours)**

- Course 11: Understanding Families - Diversity and Context
- Course 12: Interventions with Families - Basic Models and Frameworks
- Course 13: Family-based Interventions - Skills and Evidence-based Programs
- Course 14: Interventions with Family Groups - Management and Processes
- Course 15: Barriers and Challenges to Family Interventions
- Course 16: Interventions with Families - Ethics, Supervision and Self-care
- Course 17: Monitoring and Evaluation of Family Programs

Organised by  
The Colombo Plan Drug Advisory Programme (DAP)  
Funded by  
Bureau of International Narcotics and Law Enforcement Affairs, US Department of State

Dr. Benjamin P. Reyes  
Secretary General  
Colombo Plan

NathaWe Panabokke, PhD  
Ag. Director: DAP  
Colombo Plan



ISSUP2022UPC-Family/023

National Chapters meeting

UPC-Family Training





# The Art of Healing

THESSALONIKI | GREECE  
24 - 28 June 2024

Certificate of Attendance

*Nadezhda Cherchenko*

**A new era in substance use prevention, harm reduction, treatment and recovery support**

International Exhibition & Congress Centre of TIF-HELEXPO  
24<sup>th</sup> - 28<sup>th</sup> June 2024



Joanna Travis-Roberts, Chief Executive, ISSUP  
Kevin P. Mulvey, Executive Director, ICUDDR  
Phaedon Kaloterakis, President, SEPRICS




# The Art of Healing

**A new era in substance use prevention, harm reduction, treatment and recovery support**

24-28 June 2024  
Thessaloniki, Greece





## Certificate of Participation

### Nadezhda Cherchenko

UNODC Policymakers Training on the Nature, Prevention, and Treatment of Drug Use Disorders

24 - 26 June 2024, Thessaloniki, Greece



**Evaluation and Prospects of Opioid Agonist Supportive Therapy in Kazakhstan's Medical Practice**  
Nadezhda Cherchenko, Republican Scientific and Practical Center of Mental Health

**Introduction**  
Recent years, the issue of opioid dependence has gained increasing significance, necessitating the development and implementation of effective medical and social support strategies. This scientific article examines the effectiveness of Opioid Agonist Supportive Therapy (OAST) in Kazakhstan. The primary objective of the study is to evaluate the impact of a key strategy in addressing opioid dependence, as well as identify its positive outcomes for the patients participating in the program.

**Methodology**  
The study utilized data from 21 OAST sites, covering the period from 2008 to the present. Statistical analyses (comparative, econometric, and graphical) encompassed the total number of patients (1650 individuals), their duration of participation in the program, attrition dynamics, and primary reasons for discontinuation from OAST.

**Key Findings**  
The study demonstrates a positive impact on patients with opioid dependence. Key benefits include a reduction in illicit drug use, improvement in psychosocial well-being, and enhanced social integration. Data analysis also indicates favorable program sustainability, with a consistently low number of patients continuing treatment.

**Age of OAST patients**  
7% under 35, 43% 36-45, 48% 46-55, 2% 56-65, 2% after 65

**Gender distribution**  
51% Male, 49% Female

**Concomitant infectious diseases**  
HIV, Hepatitis B, Hepatitis C, Tuberculosis, Syphilis, Bacterial infections, Fungal infections, Parasitic infections, Other

**Employment of patients (5-year period)**  
Employed patients, Disabled individuals, others


**Family**  
Other, Alcohol, Friends, Other relatives, Children, Spouse/partners, Parents

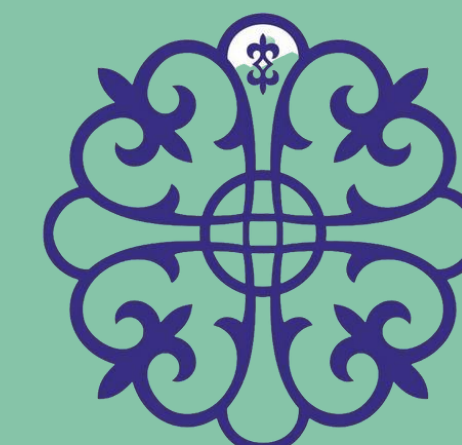
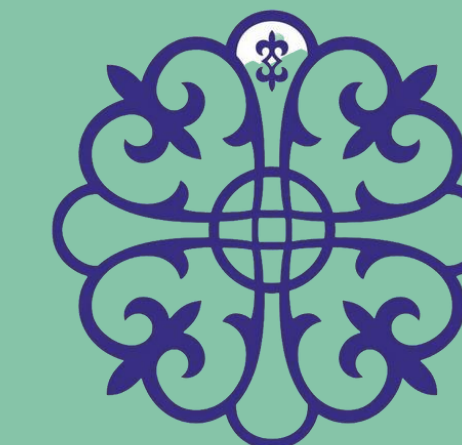
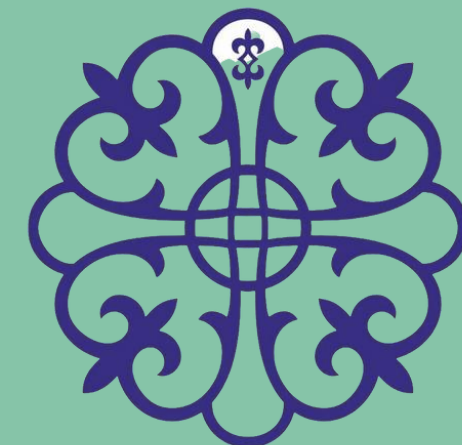
**Convictions of patients BEFORE receiving OAST**  
17% International crimes, 13% Domestic crimes, 28% 0-20 convictions, 42% 21-50 convictions, 1% 50+ convictions

**Decrease in criminal activity**  
45% International patients, 55% Convictions during OAST

**Conclusions**  
Study results indicate that OAST is effective in reducing illicit drug use, demonstrating improved clinical health indicators, decreased criminal activity, and enhanced social integration. Despite its successes, OAST in Kazakhstan has not yet reached universal access to the program for those struggling with opioid addiction. Expanding OAST to more sites and improving access to health services for drug addiction, including integration with other forms of care, such as psychiatric services, will help provide a comprehensive approach to drug addiction treatment.

Disclosure: I have nothing to disclose.



May we all find the strength to reach out for support when needed, and may we continue to build a world where mental health is prioritized, understood, and nurtured. Wishing you peace, resilience, and well-being today and always.

Lead of ISSUP Kazakhstan Youth Committee

**First name:** Dina

**Second name:** Suraganova

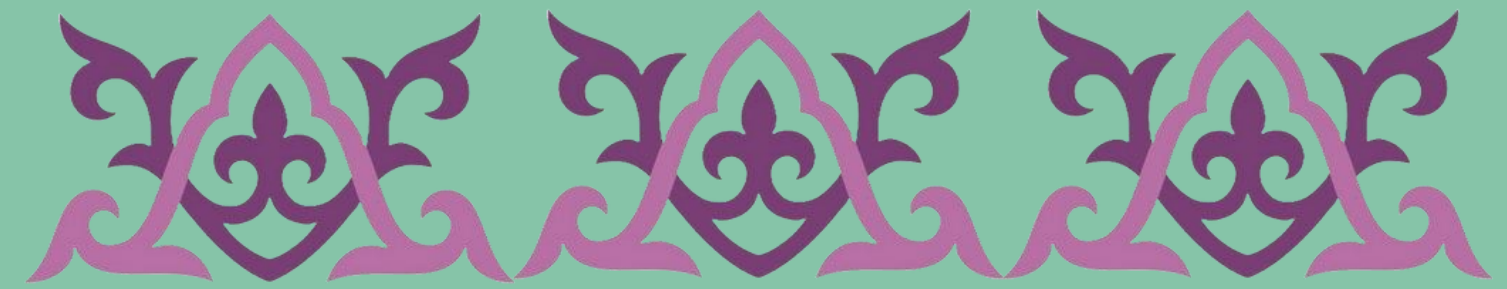
**Education:** Internship in Astana Medical University

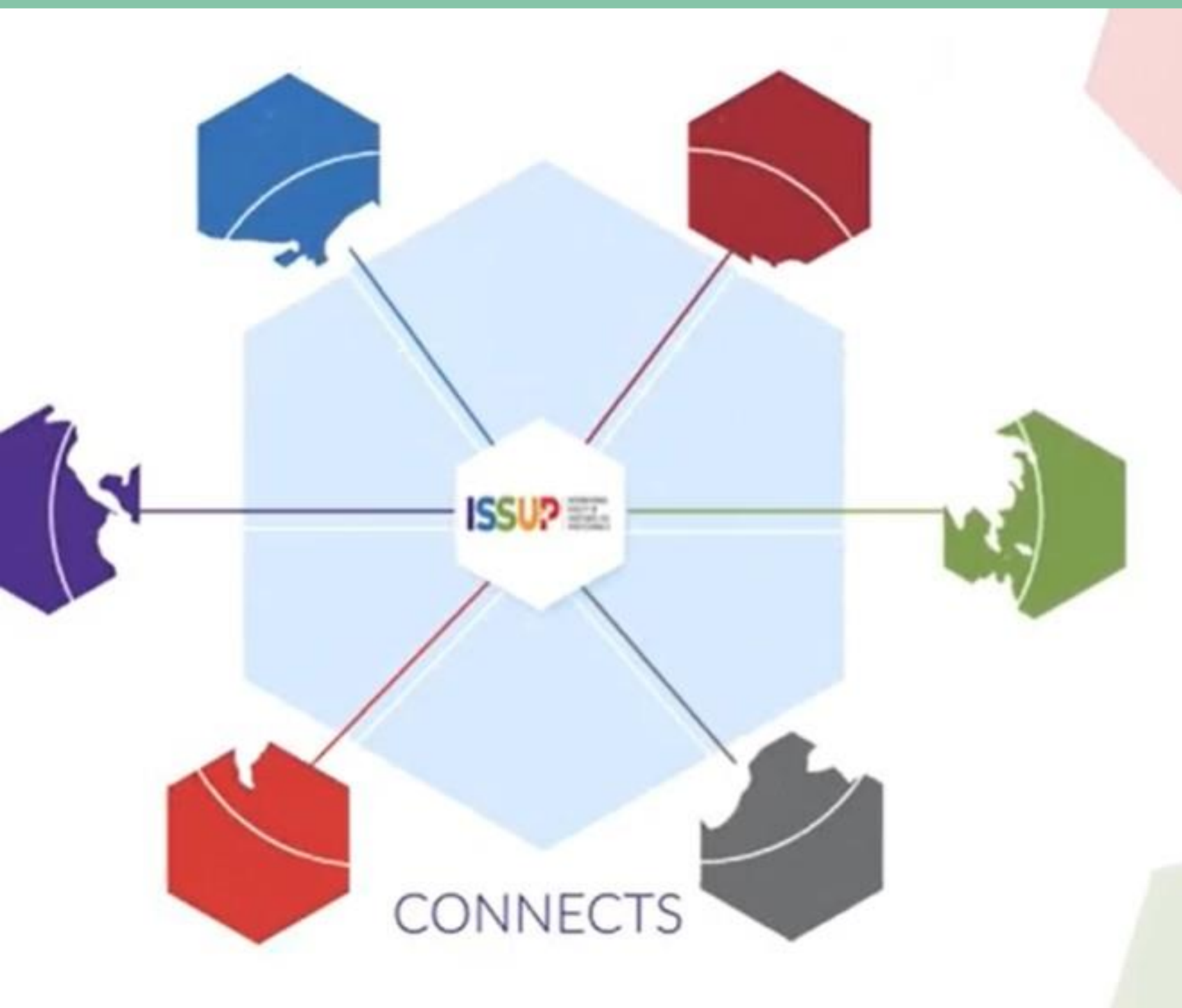
**Experience:** member of the Student Scientific Society of Psychiatry and Narcology

**Published scientific articles** (ICV= 88.21/100 ):

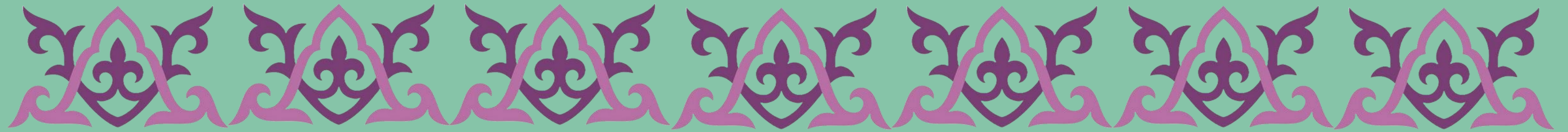
«Innovative drug delivery technologies in myocardial infraction therapy»;

«Consumption of psychoactive substances at the workplace in the Republic of Kazakhstan»





In the modern world, substance use is a significant problem that can cause both physical and mental disorders. The availability of substances on the market, the increase in synthetic psychoactive substances and the low effectiveness of prevention programs pose a serious threat to the health of the nation. The creation of the ISSUP Youth Committee plays a fundamental role in solving this problem, especially given the geographical location of Kazakhstan and the proportion of young people among substance users.



### Aim:

To provide access for young people and adolescents to ethical, evidence-based prevention, harm reduction information, treatment and support in recovery when using substances. This will help create a healthy society in the future that does not need to seek out and use substances. Therefore, work should be done now by sharing knowledge and disseminating evidence-based prevention programs among young people.



# Key Words:

**Promotion**  
**Prevention**  
**Treatment**  
**Maintenance**







**The problem: School administrators usually doubt about students from medical universities, so there are problems with getting permission on lectures**

**Solution: Organize meetings with school management, get to know each other and work together.**

**Key goal: Prevention in schools is aimed at young people at an early stage, before they develop attitudes or behavior towards substance use.**



**The problem: lack of space or platform for teenagers or young people to communicate.**

**Solution: Organization of summer schools, camps with a mandatory component of scientifically based prevention models. Creation of social networks, recording of podcasts and short videos.**

**Key goal: To unite young people and educate them so that they grow up resilient to substance use and can cope even in stressful situations.**



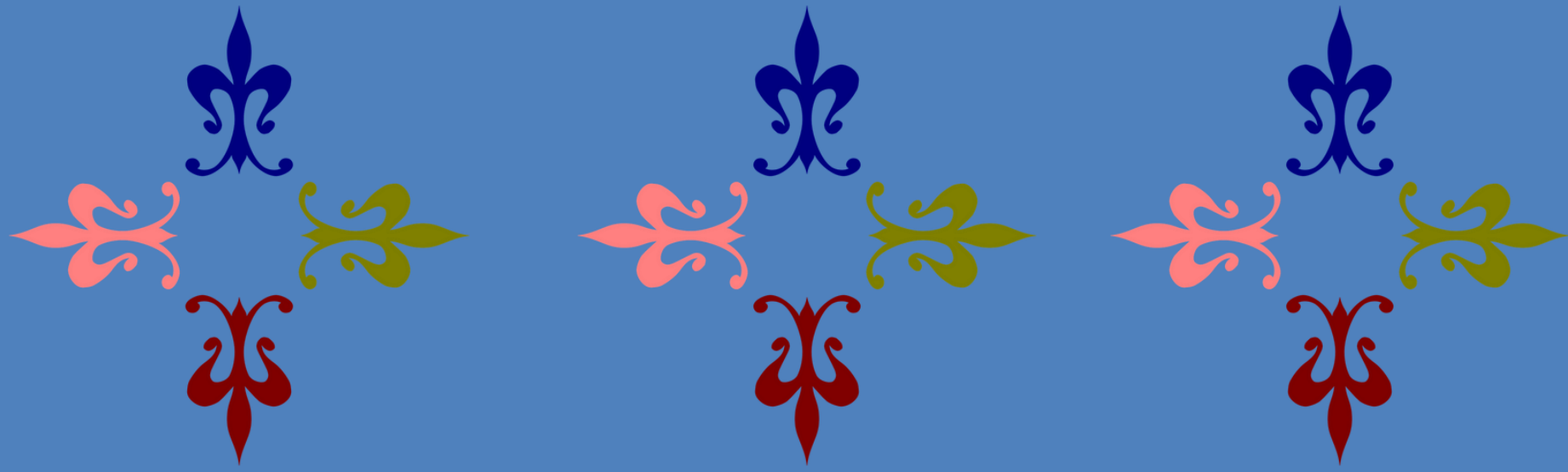
# 4th Global Forum for Youth Leaders on Drug Use Prevention (GOFORTH)

**4th Global Forum  
for Youth Leaders on  
Drug Use Prevention**  
24th - 28th of June, 2024  
Online registration open!

**ISSUP 2024**  
INTERNATIONAL EVENT  
THESSALONIKI | GREECE

ISSUP ICUDDR belpix OEA/CICAD DAP





Result: The Youth Committee won funding to implement a small project for young people in Astana.



PROJECT

PROJECT

PROJECT

PROJECT



‘Airplane mode: on’

no distractions,  
focus on destination



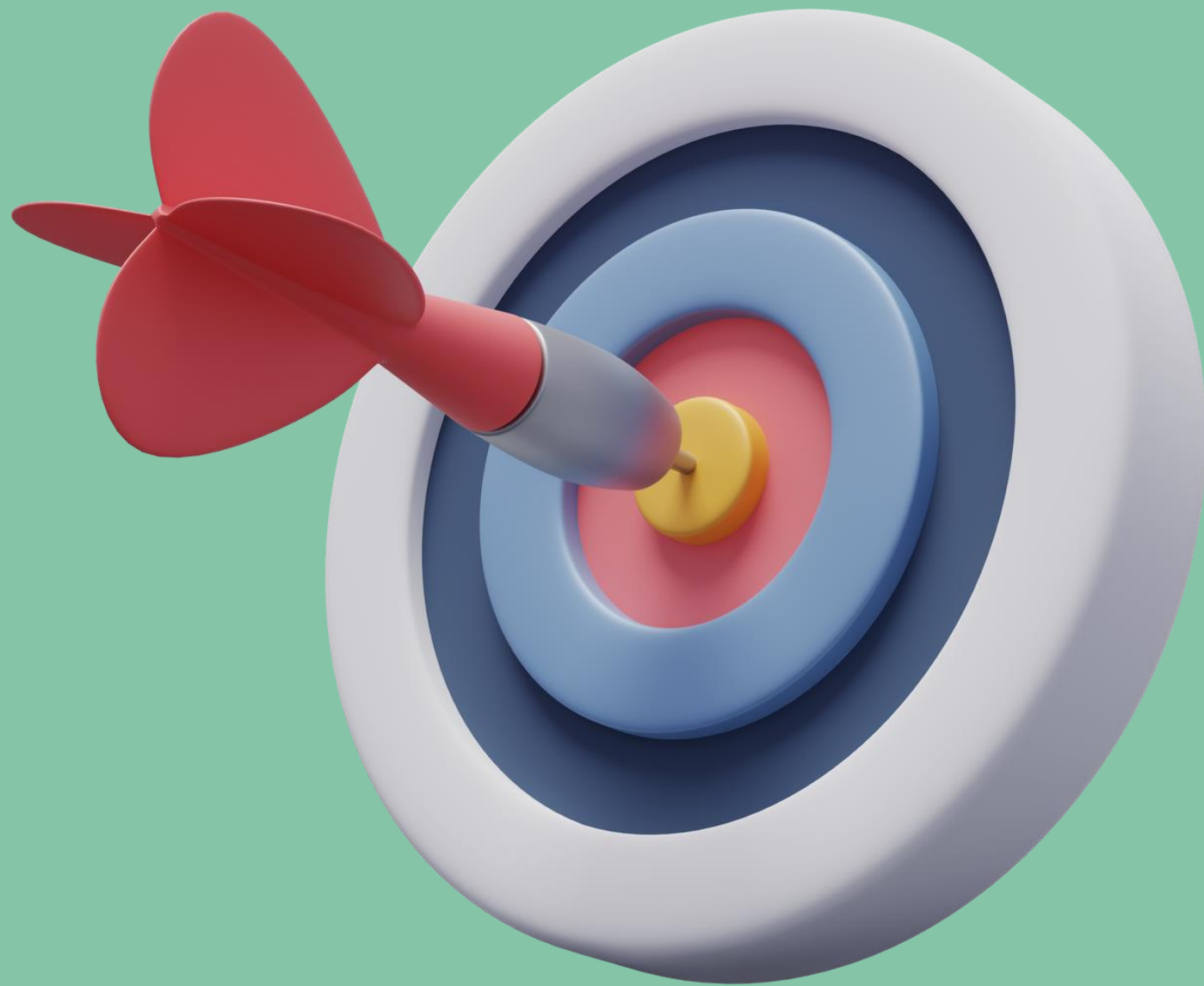


# The main goal

**The aim** of this project is to implement the first stage of a **multi-component program** that will provide a wide range of anti-drug education in Astana, Kazakhstan.

The project is planned to be a universal form of prevention, so we have four main working directions of the projects:

1. Opening parenting classes
2. Trainings at schools for teens
3. Creating the board games "10 years ahead" with role-playing elements
4. Informing the general public via promoting account 'ISSUP Youth Committee in KZ' in Instagram





# Game "TEN YEARS AHEAD"



# WHY A BOARD GAME?

educational purpose, not playability. We knew that it had to be engaging but that's not the main goal, the board game came to us as an idea that would be easier to introduce.

the idea must be highly effective because role-playing elements of the game improve skills such as decision-making, problem-solving, communicational skills and substance resistance skills.

entertaining characters and hypothetical scenarios would promote empathy amongst the players.

game format will create positive reinforcement for the children to make healthy choices.



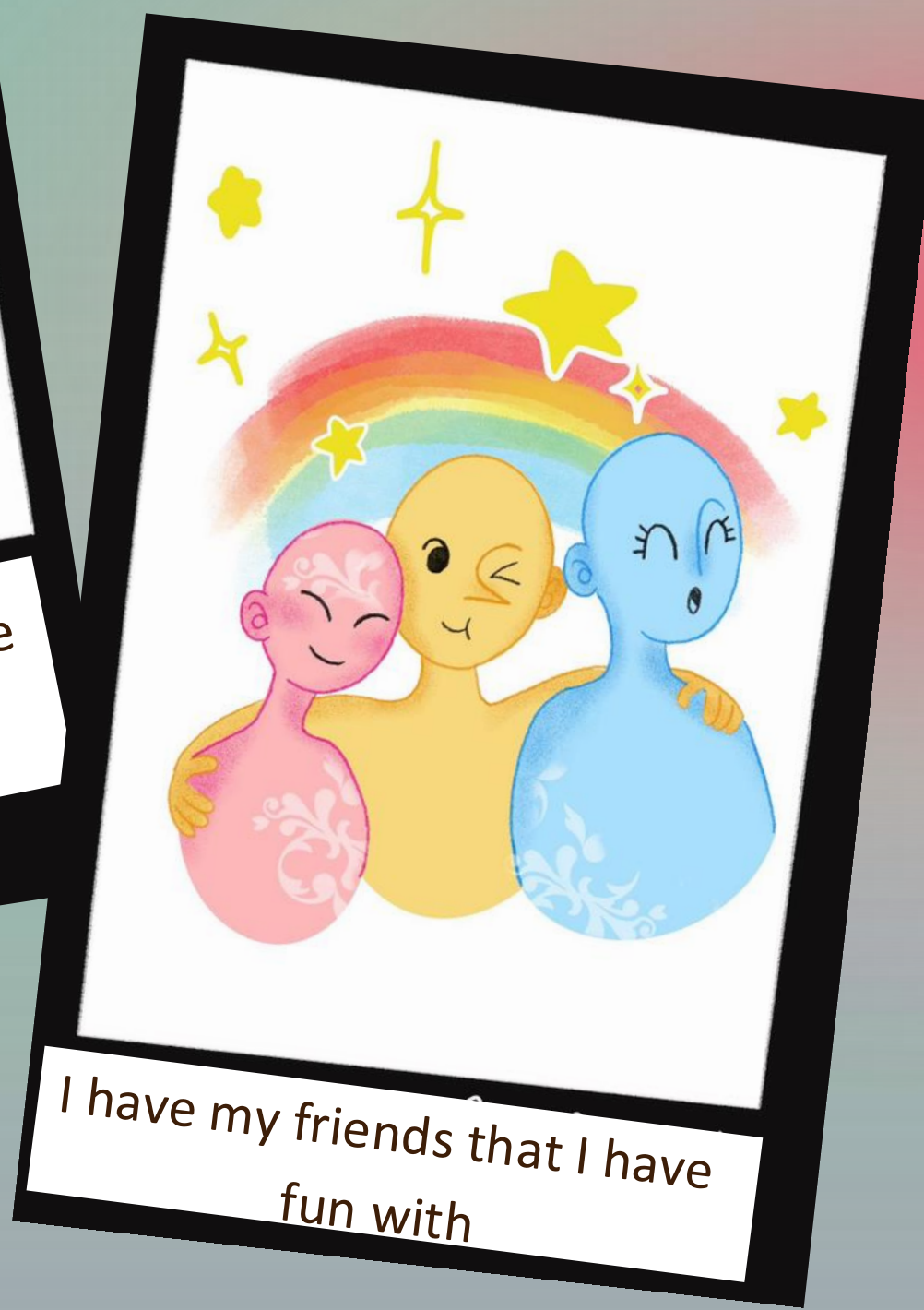




# DESIGN AND VISUALS OF THE GAME:

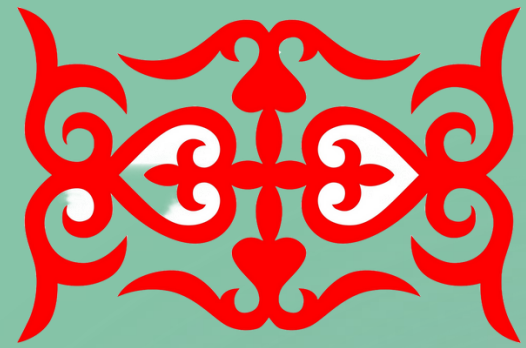


*Front view of the playing cards:*

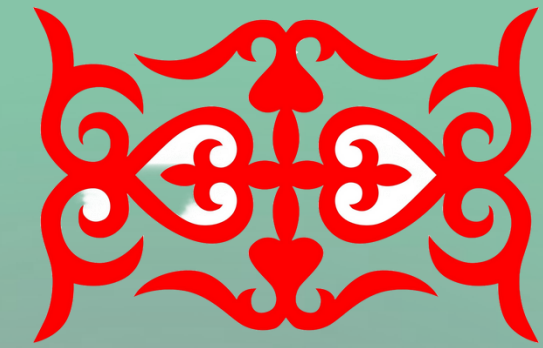


*Back view of the playing cards:*





# CONCEPT IDEA OF THE BOARD GAME



- Each stage can include an assessment of risk and vulnerability depending on the choices. If the student made the 'risky' choice within the framework of our topic, this does not mean that he has already lost. The student moves on to the next stage, where he can make a choice again. And so on, until he reaches the final stage (the options, accordingly, should be different there to show that each choice leads to its consequences or goals).



