

Inclusive Recovery Cities

ISSUP Seminar
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The paradigm of
recovery: So
what is different?

- From expert-patient to partnership
- From deficits to strengths
- From clinic to community
- From the individual to the social
- From professional to peer-based
- From replication to continuous innovation

So what is a recovery-oriented system of care?

- White (2008): “the complete network of indigenous and professional services and relationships that can support the long-term recovery of individuals and families and the creation of values and policies in the larger cultural and policy environment that are supportive of these recovery processes” (page 28)

So what is different about Inclusive Recovery Cities?

- They are ROSCs ++
- The key additional elements are about:
 - Innovation
 - Social enterprise
 - Giving back
 - **An Inclusive Recovery City is a city where the implementation of recovery models and principles makes the city a better place to live for everyone, and which implements an ROSC at a city level**



So what is different about Inclusive Recovery Cities?

An Inclusive Recovery City is a city where the implementation of recovery models and principles makes the city a better place to live for everyone by:

- Public-facing recovery events

That generate inclusion and civic participation

That challenge stigma

Increase access to community resources

Our vision and mission

Recovery is not just integrated into the community but is integral to the wellbeing and flourishing of the community

Through challenging stigma and exclusion, and by contributing to all aspects of city life, collective efficacy and community capital are generated

Building an inclusive Recovery City

YOUR RECOVERY COMMUNITY

A safe space to learn, share & grow

Make us your community hub! It's the help and support of people who want to see you thrive. Kickstart your personal brand and improve your recovery. You'll have access to everything from one-to-one coaching, to group building, mentoring, to employment opportunities, to legal advice.

Groups We have more than 200 groups to help you learn, share & grow. We'll support you to find the one that's right for you.

Skills Our community building courses will help you develop your skills. We'll provide you with the support you need to succeed. We'll also provide you with the resources you need to succeed.

Events There's always something happening here. From networking events to social events, we'll help you connect with others. We'll also provide you with the resources you need to succeed.

RECOVERY SERVICES
TEL: 01422 311111



SOUTH TEES EMPLOYMENT CONNECTIONS

S.T.E.C

IPS STORIES OF SUCCESS

STEVEN - HOSPITALITY

"I was starting to lose the will to work, to help myself and progress my life. Tina and Lisa were so welcoming and helpful for me. I had a lot of anxiety about going back into work, but they talked me through the process, which really helped in releasing that anxiety and giving me the confidence to go. They're constantly asking how it's going, wanting to use it there's anything else they can do to help and. Anything that involves moving forward, your name is there, that involves moving forward, your name is there, helping me with it. I've never had support like this."

Steven - Recovery Connections

Recovery Connections

Professional Recovery Coach Training

A support people to develop their recovery coaching skills.

Recovery Ally Training

A workshop for high schools or colleges to help them understand recovery and how to support their friends.

Who is the training for?

Our training is for anyone who is interested in supporting people with a mental health problem. It's for anyone who is interested in supporting people with a mental health problem. It's for anyone who is interested in supporting people with a mental health problem.

Alcohol-Free Socials
this September

Thursday 1st Thursday 15th Thursday 29th

Brought to you by

Food available for £3
Drinks priced at £3 each
Live entertainment at every event

7:00-9:00pm
Park in the Road Cafe, 131-133
Lindhorpe Road, Middlesbrough, TS1 5DE