



## SOCIETY FOR PROMOTION OF YOUTH AND MASSES

### JUVENILE DRUG DE-ADDICTION CUM REHABILITATION CENTRE



JDRC inauguration by Shri Altamas Kabir Hon'ble Chief Justice of India and Mr Justice Dipak Misra Chief Justice of the hon'ble High Court of Delhi

In 2005, the Honourable High Court of Delhi made a judgement, resulting in the formation of the Juvenile Justice Committee (JJC) to address juvenile justice in regard to substance use. In 2010, the JJC of the Delhi High Court approached the Society for Promotion of Youth and Masses (SPYM) to open the first and only juvenile de-addiction centre in India.

The centre started in October 2010 and was formally inaugurated on 20th April 2011 by the Hon'ble Chief Justice of India and Chief Justice of the hon'ble High Court of Delhi. The Centre now has 50+ beds, operates as a 90-day treatment facility, and is recognized as a unique facility in India.

The centre aims to build the inner merits and resilience of adolescent boys aged between 7 and 18 years for their rehabilitation of drug dependence and associated crime-related behaviour. Most of these young males are in Conflict with the Law and have been assessed to have a history of Substance Use and current substance Dependence, in addition, to their psychological and social behavioural issues. They are primarily referred through the Juvenile Justice Board.



Visit to JDRC by Shri Altamas Kabir Hon'ble Chief Justice of India , Mr Justice Dipak Misra Chief Justice of the hon'ble High Court of Delhi and Ms Mukta Gupta sitting Judge of the Hon'ble Delhi High Court

SPYM manages and operates the program to reform and rehabilitate juveniles in conflict with the law and drug dependency, in partnership with the Department of Women and Child Development, Govt. of National Capital Territory of Delhi at De-addiction cum Rehabilitation Centre for Juveniles in Conflict with Law. The centre is the first initiative in India to work with this specific target group.



Visit to JDRC by officials of the Ministry of Social Justice and Empowerment (MSJE), Govt of India



Shri. Ram Mohan Mishra, Secretary of the Ministry of Women and Child Development, Govt of India



Dr Zeenat N (Chairperson), SPYM received the National Award for Outstanding Services in the field of Prevention of Alcoholism and Substance (Drug) Abuse 2014 from Hon'ble President of India Shri Pranab Mukherjee on 26th June 2014.

Dr Rajesh Kumar (Executive Director), SPYM received the National Award for Child Welfare, 2015 from the Hon'ble President of India Shri Pranab Mukherjee on 14th November, 2016



# STANDARD OPERATING PROCEDURE

A Standard Operating Procedure manual has been developed by SPYM to help other organizations with common thematic areas, which are as follows:

- Understanding the problem and complexity of alcohol and drug use among juveniles, recognize juvenile substance use;
- Understanding drug dependency and how to support treatment and recovery;
- Enhance collaboration with substance use treatment partners; and,
- Improve outcomes for juveniles suffering from substance use disorders.





A total of 3117 juveniles have been enrolled in the Centre till date. Also 60 children have received vocational training certificate and 480 children have participated in skill-based training.

- **The duration of the De-addiction and Rehabilitation Program:**

The centre for juveniles requires a minimum stay of 30 days but commonly it is 90 days. After 90 days, a review of the juvenile's improvement and recovery may indicate the need to extend treatment.

- **SPYM's De-addiction Treatment Plan:**

The SPYM- Juvenile De-addiction Centre divides the juveniles into three groups based on age group, length of time in treatment, and treatment progress. The treatment procedure follows the 12 Steps and the 12 Tradition Process of the Alcohol & Narcotics Anonymous (AA/NA) program, in concert with elements of Therapeutic Counselling, including literacy, life skills, and vocational training. The Centre emphasizes a holistic approach to healing which seeks to improve physical, mental, behavioural, and psychosocial well-being.



# FACILITIES PROVIDED FOR JUVENILES

- INITIAL CARE AND CENTRE TOUR



- REFERRAL TO THE HOSPITAL FOR DETOXIFICATION PURPOSE



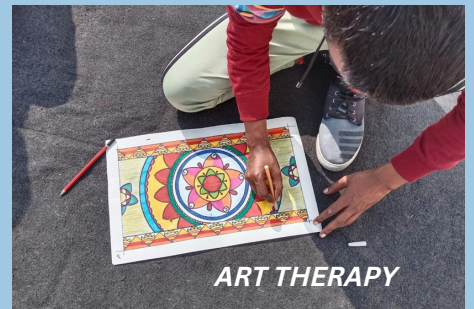
- COUNSELLING SESSIONS



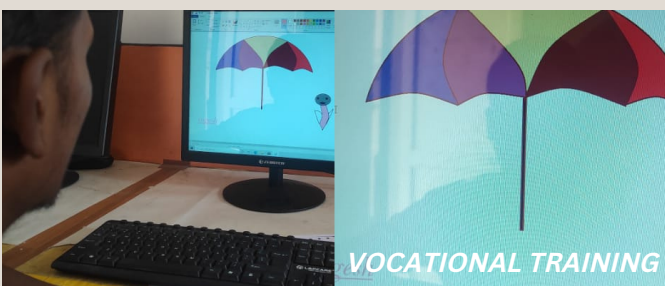
• THERAPIES



- Art Therapy
- Music Therapy
- Dance Therapy
- Drama Therapy
- Occupational Therapy
- Yoga & Meditation
- Therapeutic Community Program
- Indoor and Outdoor Games



• SKILL DEVELOPMENT SESSIONS



• POST TREATMENT INTERVENTION

