



YOUFEST 2030

Grace International Rehabilitation
Center & ELAF SOLUTIONS



ANNUAL SERIES OF YOUTH FESTIVALS

Starting from September 6 on Pakistan Defence Day
4 major events each year every three months

Health/Fitness Activities



- Cricket competitions annually
- With corporate employees, influencers, students
- Marathons
- Champions Hunt
- Coaches to be



6 cities all over Pakistan Matches and then
Finale

2023 & 2027 Every three months



Float your boat race twice a month, 6 total events

2023 & 2027 Every three months



Cultural games competition, 6 teams and 6 matches

2023 & 2027 Every three months



Camping and Hiking teams

2023 & 2027 Every three months

Motivational Videos



- Outline of the message
- Short videos to promote the message
- Social media will be used to connect
- Influencing people will be invited



Culture specific exposure with the rehabilitation

2024 & 2028 every three months



Festivals for performing art activities in
different institutes

2024 & 2028 every three months



Industrial Spaces Promotion i.e. car shows and musical environments

2024 & 2028 every three months



Small businesses collaboration

2024 & 2028 every three months

Dramatic plays



- Influencers will be used
- Story script drafts will be prepared
- Plays conduction
- Social media use to spread the message



Management of Programs in different dramatic societies through ambassadors in youth

2025 & 2029 every three months



Inter-City Tourism documentaries outdoors

2025 & 2029 every three months



Cultural Values and Martial Arts

2025 & 2029 every three months



Art gallery and theatres

2025 & 2029 every three months

Seminar Series



- Skill based training events
- Stem learning education will be focused
- Drug free Pakistan message as outcome
- Involving teachers and students



Conferences, niche events and corporate functions managed by the business companies

2026 & 2030 every three months



Sponsored events encourage residents and visitors with opportunities across sporting, recreational, cultural or community-based activities.

2026 & 2030 every three months



A pure partnership approach with co-brand opportunities. This type of event or festival will showcase the services of partners and create interest and attention from attendees outside the region.

2026 & 2030 every three months



Awareness to generate policies for insurance services for the citizens of Pakistan.

2026 & 2030 every three months



Surveys will be conducted to monitor change in communities every 3-6 months

This plan and strategy will be implemented throughout the next 8 years.



Stakeholders are invited

Training
Internships





not only as an Development driver but an key enabler for community identity and agent for engagement.

If all goes well, further plans will be designed.

THANK YOU FOR YOUR
ATTENTION







YOUFEST 2030

Grace International Rehabilitation
Center & ELAF SOLUTIONS



Clinical Psychologist (2016-Present)

Director Operations Grace International Rehabilitation Centre



Global Group of Institutions

Global Group of Institutions by Dr. Zafar Iqbal
For the last 25 years

Clinical Psychologist, PhD.





The University of Lahore

Allied Health Sciences & Department of Psychology
GENOVA IVF
Khalid Clinic, Gulberg
Recovery



iSSUP PAKISTAN

Activities

Awareness

Youth Forum



ISSUP MEMBER

Joined Training

CIVIL SOCIETY INITIATIVES
FELLOWSHIP PROGRAM



نشہ

نشہ پلا کر گرانا تو سب کو آتا ہے
مزه توجب ہے کہ گرتوں کو ہتھام لے ساقی

علامہ ڈاکٹر محمد اقبال

WWW.POETRYWWW

THEMATIC PLAN





OPPORTUNITIES

Participation and Growth

NOT LIMITED TO STUDENTS





ANNUAL SERIES OF YOUTH FESTIVALS

Starting from September 6 on Pakistan Defence Day

Cricket Board League From Lahore – Different Other Cities





Fitness/Health, Culture, Sports and Art, Educational & Media

Seminars, Projects creation, opportunities to participate in sports and motivation based skills to engage youth from different institutions as teams

Healthy Sports



- Cricket competitions
- Marathons
- Champions Hunt
- Coaches to be

Educational Activities



- Awareness
- Life skills
- Learning
- Community Linkages

Motivational Skills



- Identification and assessment of hidden talent
- IQ based initiatives
- Social media expert
- Public speaking

Media and Dramatics



- Organization of short acts
- Making social documentaries
- Giving messages to the masses
- Peer to peer performances



Register volunteer Achieve



یہی درس دیتا ہے تمہیں ہر شام کا سورج
کے مغرب کی طرف جاوگے تو ڈوب جاوگے

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ATTENTION

