

Training Report



THE COLOMBO PLAN DRUG ADVISORY PROGRAMME

Training Report

1. Description

1.1 Training Name	:Universal Treatment Curriculum 01, Physiology and Pharmacology for Addiction Professionals
1.2 Locations (Country & Regions)	:(Virtual via Zoom) ITRAMIC Foundation Office Pakistan Lahore
1.3 Education Provider Name	:ITRAMIC Foundation
1.4 Start and end date of the Training	:22 nd to 29 th October 2021
1.5 Names of Resource Personnel	: Dr. Muhammad Amjad Chaudhry,

2. Introduction:

In order to endorse the evidence-based practices in the field of addiction treatment in Pakistan, ITRAMIC Foundation Lahore organized virtual training for treatment staff and professionals from 22nd to 29th October 2021, in collaboration with the Ministry of Interior and Narcotics Control of Pakistan. The training was imparted on the following curriculum:

- Curriculum 1: Physiology and Pharmacology for Addiction Professionals

The following Pakistani National Trainers facilitated the training:

- Dr. Muhammad Amjad Chaudhry
- Lt. Col. (R) Dr. Nadeem Ahmad Bajwa
- Ms. Nazia Bashir

3. Objective of the Training Program:

The objectives of the training program were to train local addiction treatment professionals with up-to-date their knowledge for evidenced-based practices in addiction treatment and empower them to integrate new practices into their treatment facilities. Following specific objectives were focused for the training on each curriculum.

Objectives of UTC-1:

- To explain the significance of Pharmacology in EBPs.
- To elaborate the role of brain, neurotransmitters in addiction.
- To educate them about brain communication (functions of a normal and addicted brain).

- How to reduce the effects of social stigma.
- To update their knowledge regarding role of families and explain the traits of functional and dysfunctional families.

4. Description of the Training:

The 1st Virtual Training on Curriculum 1: Physiology and Pharmacology for Addiction Professionals Was from 22nd to 29th October 2021. About 16 participants have participated in the training from various treatment facilities of all over the Pakistan. In Opening ceremony Mr. Muhammad Ayub Senior Expert DAP and Ms Aisha Siddiqua Global Master trainer GDDR were invited as chief Guests. Dr. Amjad Chaudhry joined the whole training along with his co trainees. Dr. Nadeem Ahmed Bajwa and Ms. Nazia Bashir found to be very active and enthusiastic trainers; Dr. Amjad Chaudhry single handedly drove the whole training. All the co facilitators were cooperative and they performed their best during the training. The participants were very active and punctual. Some are new and some were with broader experience and knowledge. So, we faced a lot of cross questions and various views about different practices. Participants were well involved by the trainers and also learned and amused by different energizers. In closing ceremony, Mr. Bashir Ahmad Naz President ISSUP Pakistan and Dr. Zall Kepli. MD Rejab Managing Director Supreme Training and Consultancy Malaysia were the chief guests of the ceremony. They dwelt light on the burning issue of this society. Mr. Bashir Ahmed Naz stressed on the Substance Use Disorder in Pakistan as well as other countries. The training was ended on certification ceremony Via Email and affirmative views of participants and facilitators.

5. List of Participants:

No.	Full Name	Email Address	Organization/ Location	Designation
01	Anam shamoon	anumjoyce0607@gmail.com	Sialkot	Clinical Psychologist
02	Dr M.Akif Saeed CH.	drmuhammadakif8@gmail.com	Self Employed Faisalabad	General Physician
03	Muhammad Azhar	azharmazhar4257@gmail.com	Self Employed Multan	Homeo Doctor

		ail.com		
04	Dr. Aamir Mirza	mdpsycho123@gmail.com	Women Care Center Rehab-I Lahore	Treatment Coordinator
05	Dr. Inayatullah Magsi	Imagsi1@yahoo.com	Chandka Medical College Larkana	Assistant Professor
06	Asma Khawaja	Usaa2007@gmail.com	Khalida Memorial Hospital Sialkot	Addiction Treatment Counselor
07	Dr Filza Bashir	Filzabashir153@gmail.com	Islamabad	Studying
08	Sana Abdul Hafeez	Sanaabduhafeez.o@gmail.com	Khalida Memorial Hospital Sialkot	Trainer
09	Fatima Raheem	fatimaraheemsheikh27@gmail.com	Self Employed	Self Employed
10	Muhammad Nadeem Ashraf	ehsasclinics@gmail.com	Ehsas Clinic Lahore	CEO
11	Humaira Majeed	Humairagansari4@gmail.com	Help Autism Pakistan	ABA Therapist
12	Qurat ul ain Sammar	Sammarkhan244@gmail.com	GCMS	Clinical Psychologist

13	Abdul Munir ansari	muniransari549@gmail.com	Azad Welfare Foundation	Secretary Studying Circle
14	Amna Saleem Khan Lodhy	amnasaleemkhan02@gmail.com	Little Angels Home	Clinical Psy and ABA therapist
15	Humaira Rashid	humairarashid@live.com	Self Employed	Teaching
16	Munawar Ahmad	Attari3288674@gmail.com	Umeed Clinic	Manager

6. Pre- and Post-Test Scores of the Participants:

Sr #	Name	Pre Test	Score %	Post Test	Score %
1.	Anam shamoon	12	60%	18	90%
2.	Dr M.AKIF SAEED CH	11	55%	18	90%
3.	Muhammad Azhar	10	50%	15	75%
4.	Dr. Aamir Mirza	14	70%	15	75%
5.	Dr. Inayatullah Magsi	11	55%	12	60%
6.	Asma Khawaja	05	25%	16	80%
7.	Dr Filza Bashir	16	80%	17	85%
8.	Sana Abdul Hafeez	04	20%	12	60%
9.	Fatima Raheem	09	45%	06	30%
10.	Muhammad Nadeem Ashraf	13	65%	15	75%
11.	Humaira Majeed	09	45%	07	35%
12.	Qurat ul ain Sammar	09	45%	13	65%
13.	Abdul Munir ansari	04	20%	03	15%
14.	Amna Saleem Khan Lodhy	11	55%	13	65%
15.	Humaira Rashid	08	40%	14	70%
16.	Munawar Ahmad	12	60%	20	100%

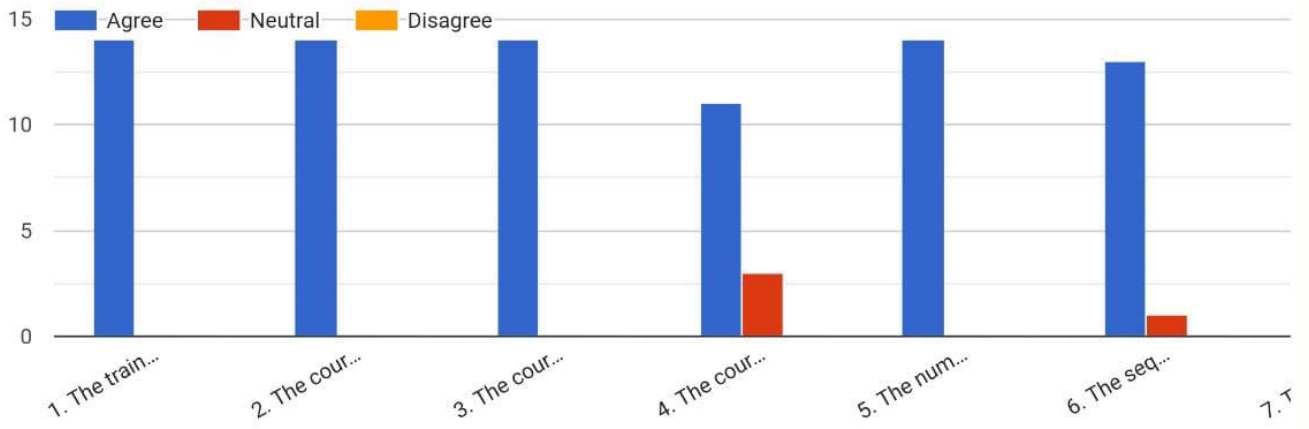
Mean Scores (Average)	Pre Test	9.88	Post Test	13.18
Highest Scores	Pre Test	16	Post Test	20
Lowest Scores	Pre Test	04	Post Test	03

7. Training Evaluation Data:

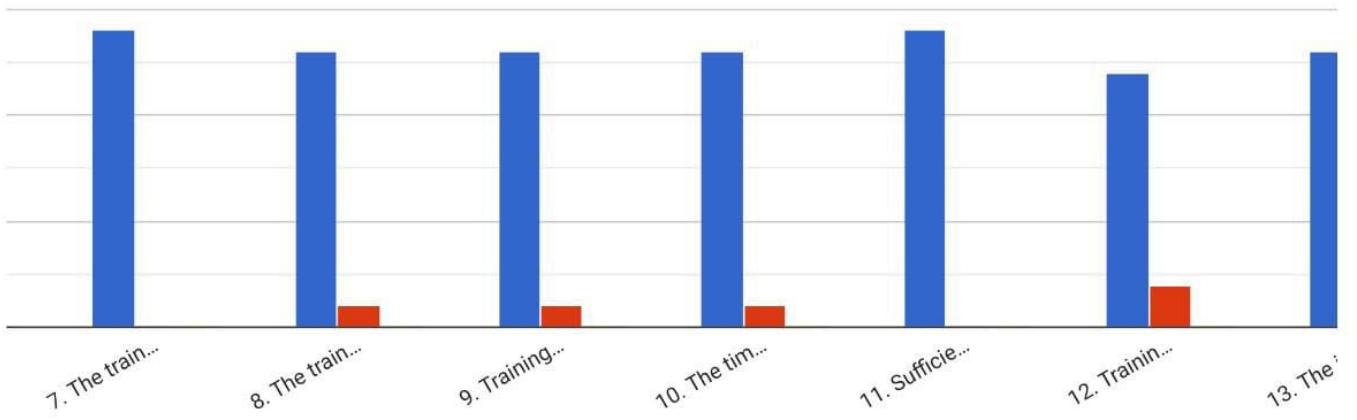
Item	Overall Training Feedback	Agree %	Neutral %	Disagree %
1	The training objectives are clearly stated and measurable	100%	0%	0%
2	The course content is consistent with the training objectives and outcomes	100%	0%	0%
3	The course content provides substantial up to date information	100%	0%	0%
4	The course content is relevant to my work	78.6%	21.4%	0%
5	The number of modules is sufficient to achieve the objectives of the course	100%	0%	0%
6	The sequence of the modules are organized and easy to follow	92.9%	7.1%	0%
7	The training methodologies used promote maximum learning experience	100%	0%	0%
8	The training activities reinforce the learning of important concepts	92.9%	7.1%	0%
9	Training approach is well-balanced in terms of contents, activities, and interaction	92.9%	7.1%	0%
10	The time allotted is sufficient to cover the topics and exercises in the module	92.9%	7.1%	0%
11	Sufficient time is allotted to accommodate trainees' inquiries	100%	0%	0%
12	Training materials are adequate and useful	85.7%	14.3%	0%
13	The illustrations use is relevant and reinforce important concepts	92.9%	7.1%	0%
14	The graphics are culturally appropriate	92.9%	7.1%	0%
15	The training venue is conducive for learning	100%	0%	0%

Overall Training Evaluation

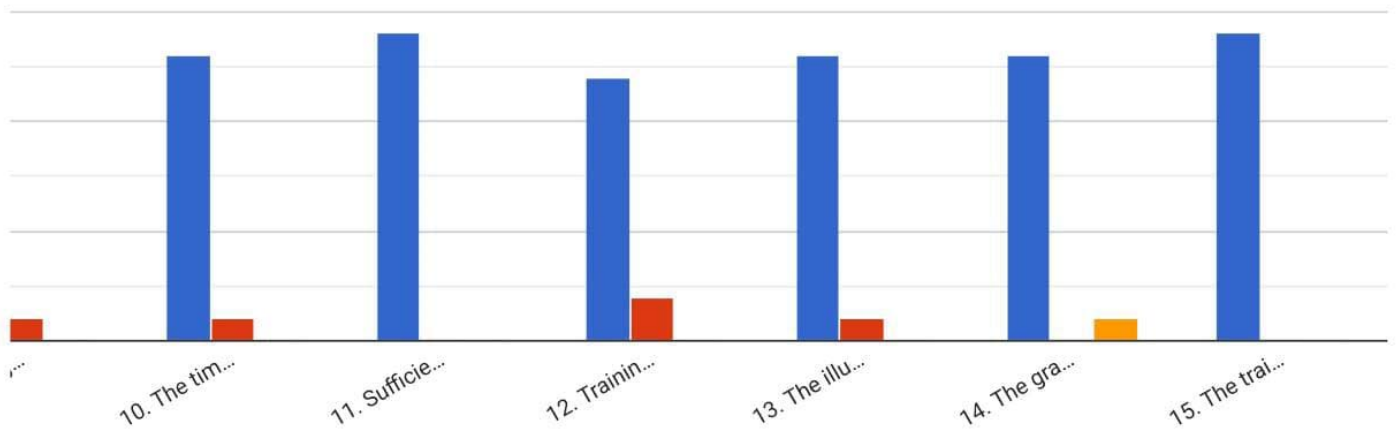
OVERALL TRAINING EVALUATION



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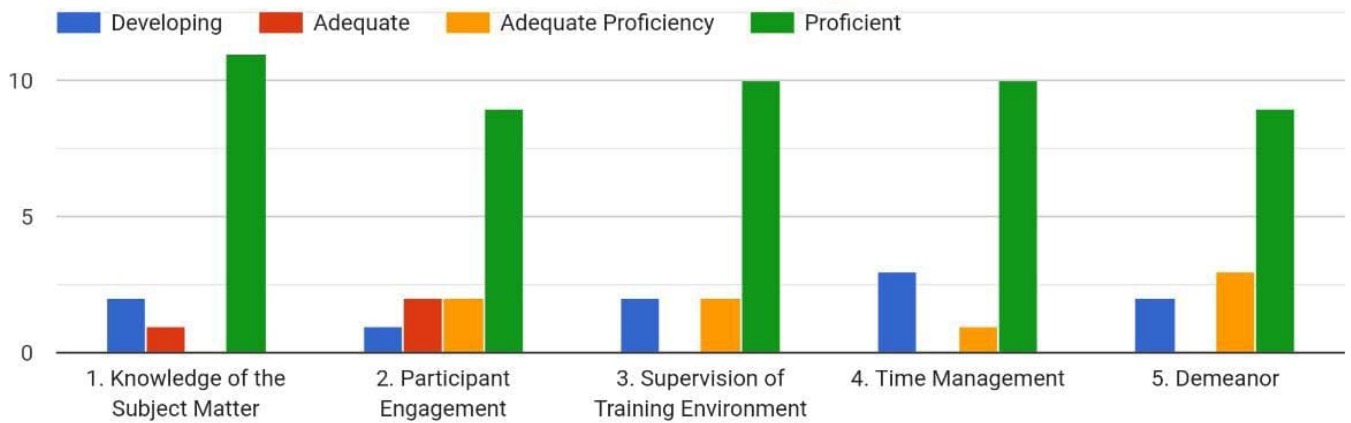


Trainers' Evaluation

Trainer Name Dr. Muhammad Amjad Chaudhry					
No	Criteria	Developing	Adequate	Adequate Proficiency	Proficient
1	Knowledge of the Subject Matter +	14.3%	7.1%	0%	78.6%
2	Participant Engagement	7.1%	14.3%	14.3%	64.3%
3	Supervision of Training Environment	0%	14.3%	14.3%	71.4%
4	Time Management	21.4%	0%	7.1%	71.4%
5	Demeanour	14.3%	0%	21.4%	64.3%

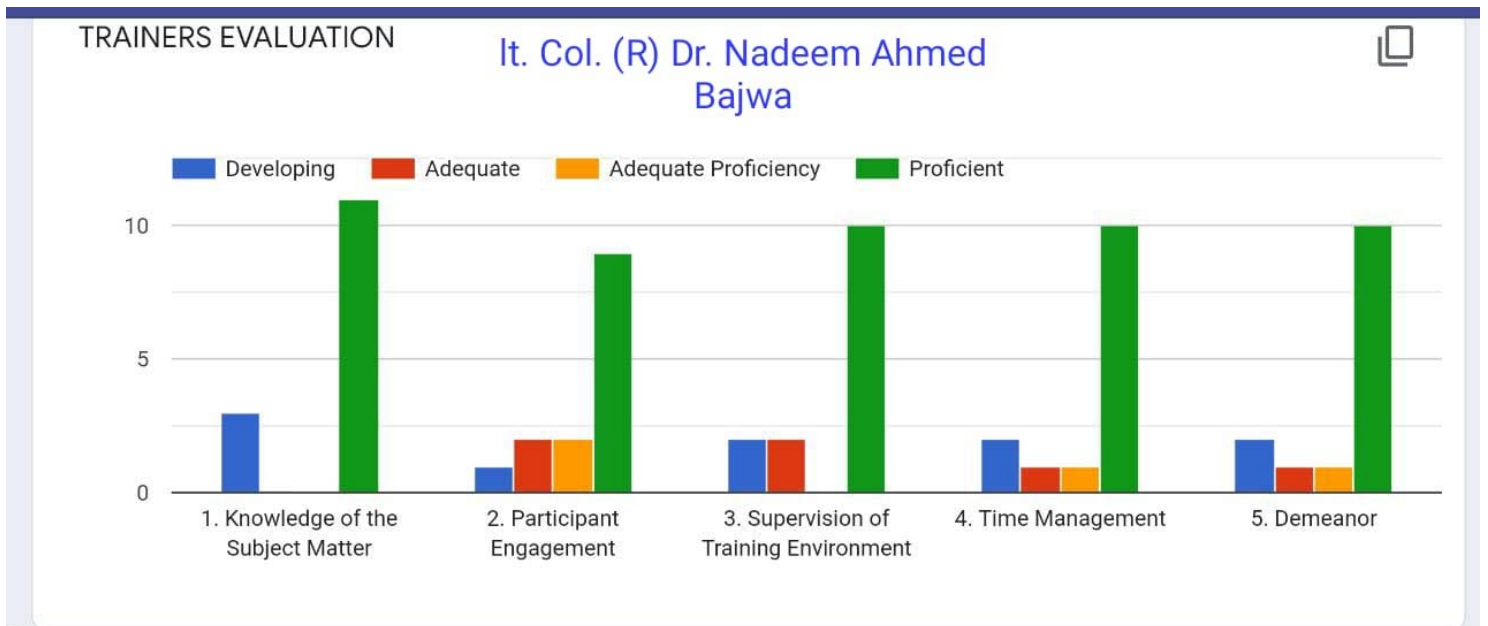
TRAINERS EVALUATION

Dr. Muhammad Amjad Chaudhry



Trainer Name: Lt. Col. (R) Dr. Nadeem Ahmed Bajwa

No	Criteria	Developing	Adequate	Adequate Proficiency	Proficient
1	Knowledge of the Subject Matter	21.4%	0%	0%	78.6%
2	Participant Engagement	7.1%	14.3%	14.3%	64.3%
3	Supervision of Training Environment	0%	14.3%	14.3%	71.4%
4	Time Management	21.4%	0%	7.1%	71.4%
5	Demeanour	14.3%	7.1%	7.1%	71.4%

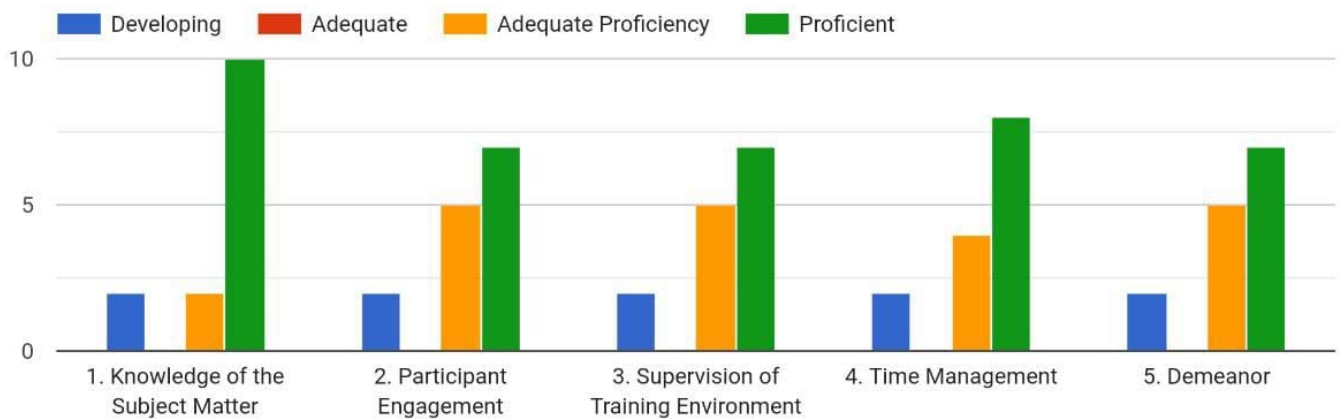


Trainer Name: Ms. Nazia Bashir

No	Criteria	Developing	Adequate	Adequat Proficiency	Proficient
1	Knowledge of the Subject Matter	14.3%	0%	14.3%	71.4%
2	Participant Engagement	0%	14.3%	35.7%	50%
3	Supervision of Training Environment	0%	14.3%	35.7%	50%
4	Time Management	14.3%	0%	28.6%	57.1%
5	Demeanour	14.3%	0%	35.7%	50%

TRAINERS EVALUATION

Ms Nazia Bashir



8. Teach-Back Evaluation Data:

9. Reflections of the Participants:

- Participants were more active and vibrant.
- Most of them were from the background of Psychiatry and social work.
- They were more critical and expressive about the subject matter.
- Most of them have the background of pharmacology and they expressed their views, latest researches (specially the use of DSM-5)
- They suggested for review of curriculum.

10. Challenges:

[List of potential risk and challenges encountered while organizing and during the training program and actions taken]

11. Recommendations and Participants Comments on the Training:

- Level of training was outstanding
- Interactive and participative training
- It should be done in person. And all the participants should participate actively
- Excellent training relating to drug abuse disorders
- Training is knowledgeable
- very informative Training
- Amazing experience
- Keep it up
- Plain wonderful
- Wonderful experience
- Excellent
- Amazing training 🙌
- it overall knowledgeable training, about addiction
- Internet connectivity remained issue.

12. Visibility Materials (photos, videos, articles, leaflets, print materials, paper article or any success story):

Opening Ceremony

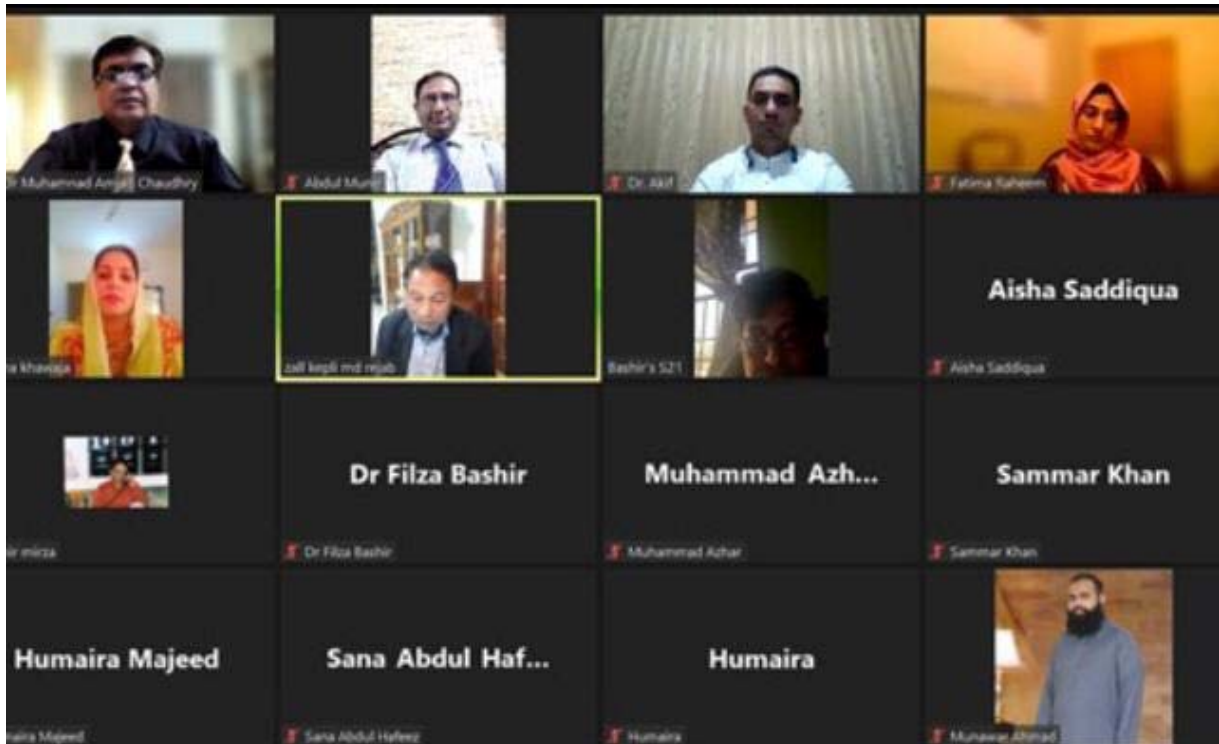


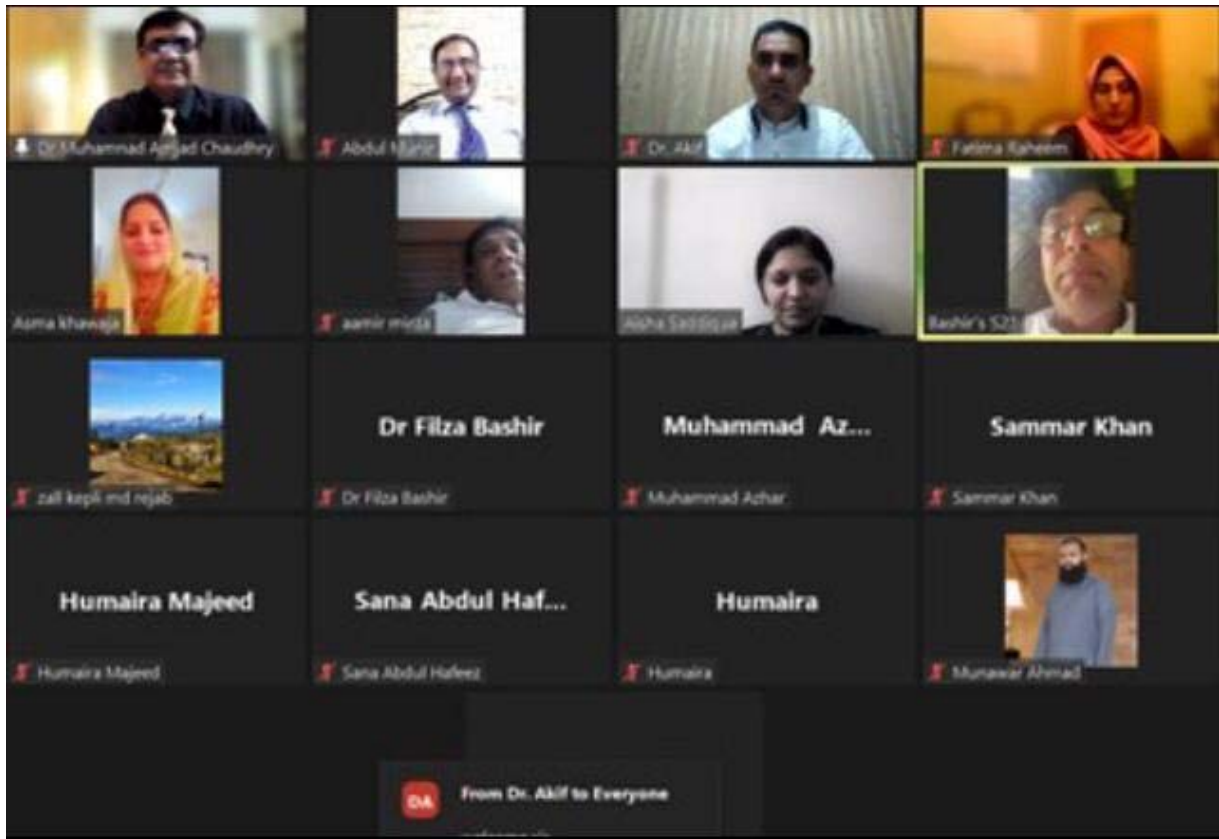
During the Sessions





Closing Ceremony





13. Prepared by (with Signatures)

Munawar Ahmad
Finance Secretary
ITRAMIC Foundation
Training Coordinator