

# ONLINE COURSE - Video Classes and Conferences

## INTERNATIONAL WORKSHOP ON DRUG PREVENTION IN SCHOOL

From 29 June to 29 August, 2020

Registrations until July 31, 2020

### ORGANIZATION



International Society of Substance Use Professionals  
[www.issup.net](http://www.issup.net)



Research and Development Institute.  
[www.institut-utrip.si/](http://www.institut-utrip.si/)

### CO-ORGANIZATION



Dr. Bartô e os Doutores da Saúde do Hospital Universitário da USP  
[www.drbarato.com.br/](http://www.drbarato.com.br/)

### SUPPORT

MINISTÉRIO DA CIDADANIA



**SENAPRED**  
Secretaria Nacional de Cuidados e Prevenção às Drogas

# OUR INTERNATIONAL PARTNERS



**DAP**  
Drug Advisory Programme



**FLACT**  
Federación Latinoamericana  
de Comunidades Terapéuticas



INTERNATIONAL  
SOCIETY OF  
SUBSTANCE  
USE PREVENTION AND TREATMENT  
PROFESSIONALS



Organização  
Mundial de  
Saúde



OEA | CICAD



USA - Agência de Leis  
Internacionais para  
Narcóticos



USA State  
Department



União Africana



Vienna NGO  
Committee  
On Drugs

**MOVENDI**  
INTERNATIONAL



**UNODC**  
Escritório das Nações Unidas  
sobre Drogas e Crime

# WORKSHOP OBJETIVES



CONTENT DEVELOPED BY



*Help participants to develop activities and practical interventions that can prevent the harmful use of legal and illegal drugs in schools, based on scientific evidence and the reality of the school and its region.*

*The Research and Development Institute - UTRIP, from Europe, is a non-governmental and non-profit research institute. It aims to conduct research, develop, implement, monitor and evaluate projects and programs in the field of risky behavior for young people, addiction prevention, health promotion and healthy lifestyle. Member of the European network of NGOs in the field of alcohol policy (Eurocare), the Civil Society Forum on Drugs (CSF), the European Prevention Research Society (EU SPR), the Academic Science for Prevention Network (SPAN) and the European Alcohol Policy Network (APN).*

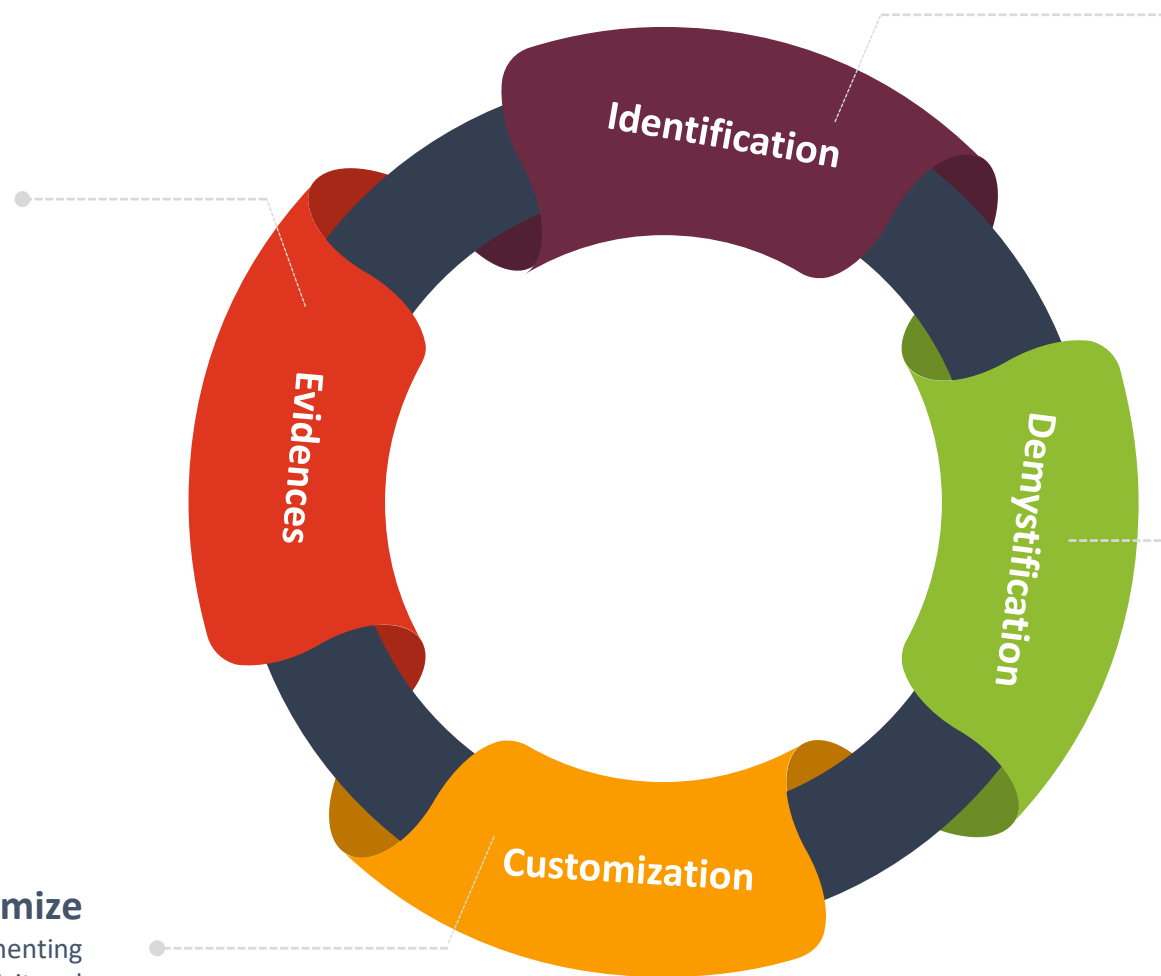
# THE WORKSHOP IS BASED ON THE FOLLOWING FOUNDATIONS

## Scientific Evidence

Everything must be done based on scientific evidence and local realities, must be documented and with indicators to assess the result of systematized actions.

## Customize

Practical and Easy Actions for Implementing the Prevention of Harmful Use of Licit and Illicit Drugs in a given School.



**Identification and Perception** of the Psychosocial Environment, through the Science of Prevention.

**Demystify** the Pre-concepts to the abusive use of Licit and Illicit Drugs in their subjective form, example: "Everyone uses".

# PROGRAM

## Preliminary Topics

### **Video Class 1 - Introductory activity and training introduction**

- a) Definitions
- b) Epidemiology
- c) Etiological Model
- d) Types of Prevention
- f) Prevention Theories

### **Video Class 2 - Basic notions of prevention science and practice**

- a) Definition of prevention in addition to drugs
- b) Important epidemiological data for Brazil
- c) More detailed presentation of the model and etiological theories
- d) Scientific Bases of Prevention

### **Video Class 3 - Basics of school prevention**

- a) School Climate
- b) School policy
- c) Curriculum
- d) What works and what does not work in prevention and why



# PROGRAM

## Preliminary Topics

### Video Class 4 - Examples of good / best practices

- a) Key components of evidence-based prevention programs (for example: good behavior game, disconnected, LionsQuest, EFFEKT)
- b) How can we start building school prevention systems
- c) Role of the school prevention team and prevention coordinator (s)
- d) Relationship and collaboration with the community and parents

### Video Class 5 - Environmental prevention strategies

- a) In relation to schools and the community
- b) Local prevention system and infrastructure
- c) Professionalism

### •Exercises to update knowledge and skills gains



# PROGRAM

## Preliminary Topics

### **Video Class 6 - Socio-emotional learning**

School / classroom climate as an important part of the comprehensive prevention strategy in schools

### **Video Class 7 - Prevention structure at school**

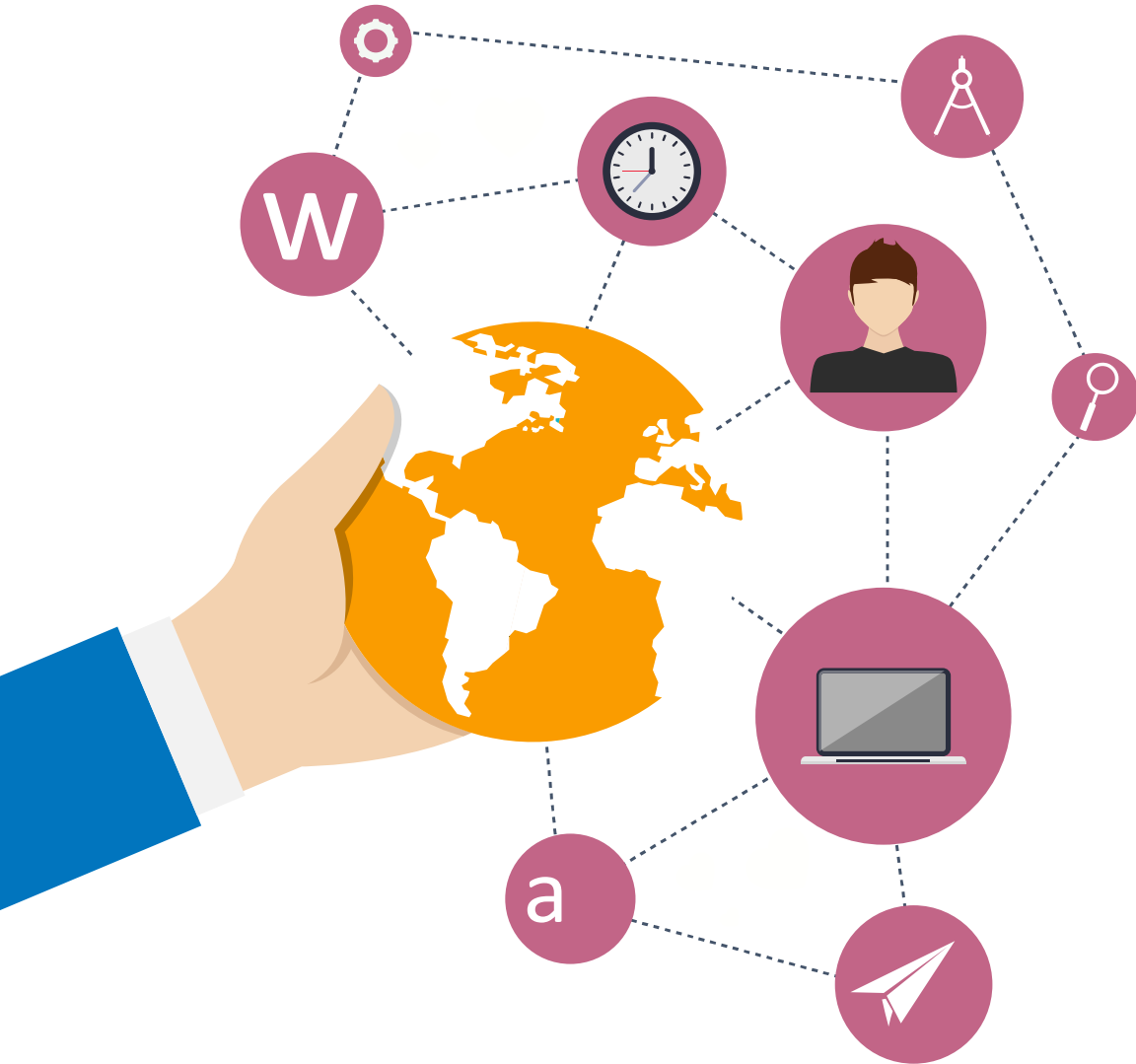
- a) School vision or policy
- b) Teamwork
- c) School prevention coordinator (s)
- c) Systematic approach
- d) Regular education and training of school staff
- e) Monitoring and evaluation
- f) Prevention in the regular curriculum
- g) Sustainability
- h) Financing
- i) Advocating for prevention

### **Video Class 8 - Monitoring and evaluation**

- a) Why and what is important for schools
- b) Exercises to update knowledge and skills gains



# VIDEO CONFERENCE– PRACTICAL WORK



**On the 22th of August in the morning, for 3 hours we will have a Video Conference so that the participants can interact with the Trainers.**

•Developing a concrete school prevention plan with three main components:

- a) school policy
- b) school climate
- c) evidence-based interventions

**Presentation of some of the most effective and popular interventions in the Utrip portfolio**

**Final Test**

At the end of the course we will have a knowledge test. This test is important for us to know the group's level of learning



# VIDEO LESSONS - Brief Advice

These classes are to help the School to relate to the Family, through students on the issue of Drugs

Dr. João Paulo Becker Lotufo

## **Bonus Class Video 1 - An informal chat at school and family are worth a lot**

The presence of this discussion coupled with exchanges of ideas with the family was the only positive factor in reducing drug experimentation by young people, overcoming the presence of spirituality, sports, cultural or social activities in the research we did in 10 schools in the Butantã region in Sao Paulo.

## **Bonus Class Video 2 – Dr. Bartô's Book – Fun Prevention**

During the regular chats, teachers and parents follow a standard guideline with questions to address students and children about the drug issue. In addition, appropriate material for the age group must be distributed, such as Dr Bartô's booklets, a project implemented at the USP University Hospital ([www.drbarato.com.br](http://www.drbarato.com.br)). The more intense and repetitive the advice, the greater the scope of our goal: zero tolerance for tobacco, zero tolerance for marijuana and zero tolerance for alcoholic beverages up to the age of 18. And remember, beer is an alcoholic beverage.



# Coach 1

Sanela Talić



Director of prevention programs at the Research and Development Institute "Utrip". Researcher and PhD candidate in Prevention Science at the University of Zagreb, Croatia. She is involved in several EC-funded projects in the field of addiction prevention, health promotion and healthy lifestyles, socio-emotional learning, violence and injury prevention. She is also a researcher and PhD candidate in Prevention Science at the University of Zagreb, Croatia. She is a Master Trainer for UNPLUGGED school prevention programs (12-14 years old) and EFFEKT (parents) ([www.efeekt.org](http://www.efeekt.org)), and national coordinator and Master Trainer for the Family Strengthening Program (SFP), Plus Program for boys and girls, girls, Good Behavior Game (GBG) etc. She is a member and former elected secretary of the European Society for Prevention Research (EUSPR) (two terms). Her extraordinary accomplishments are especially as follows: leadership in disseminating evidence-based prevention practices nationally and internationally, exceptional training skills that inspire trainees to work even better in practice, an exceptional advocate for evidence-based policies and practices, national and internationally. She was awarded the ISSUP Early Career Award at the fourth ISSUP conference in Nairobi (Kenya) in 2018.

## Coach 2



**Matej Košir**



Director of the Slovenian Research and Development Institute "Utrip" and Vice President / President-elect of the International Confederation of Alcohol, Tobacco and Other Drug Research Associations (ATOD) (ICARA) Director of UTRIP ([www.institut-utrip.si](http://www.institut-utrip.si)) . He has worked in the field of addiction prevention and public health defense for the past 20 years. He is the author, co-author and reviewer of articles and scientific articles. He was a Graduate Research Assistant at Oxford Brookes University (United Kingdom) (2015-2016). He is coordinator of the Prevention Platform network, which includes more than 40 support institutions and organizations in Slovenia. He has also been a senior advisor to the World Bank in the field of alcohol policy and prevention since January 2017. In 2017 he was awarded by the European Society for Prevention Research (EUSPR) with "Honor of Practitioner Leader in European Prevention Science"

# Coach 3



**João Paulo Becker Lotufo**



PhD in Pediatrics, University of São Paulo. Representative of the Brazilian Society of Pediatrics in actions to combat alcohol, tobacco and drugs. Coordinator / President of the working group on Combating the Use of Drugs by Children and Adolescents at the São Paulo Pediatric Society. Responsible for the Tobacco Project of the University Hospital of USP. Responsible for the Dr Bartô Project and the Doctors of Health - Drug Prevention Project in Elementary and High School. Financial Director of ISSUP Brasil.

# INCLUDED IN THE WORKSHOP

**TEACHING MATERIAL**  
for the 3-day course



**SUPPORT MATERIAL**  
for future interventions



**ONLINE SUPPORT**  
for doubts - year 2020



**INTERNATIONAL AND NATIONAL CERTIFICATION**  
ISSUP – UTRIP - SENAPRED

# METHODOLOGY AND DYNAMICS



- ✓ There will be 10 video lessons of 30 minutes each;
- ✓ Participants will have 60 days to attend;
- ✓ After each class we will have exercises to answer;
- ✓ Everything will be done through an online platform;

After these 60 days we will have a Video Conference  
✓ with the Trainers for practical activities. Duration 3 hours.

# Included in registration:

Presentation material of the Video Lessons;  
Access to video lessons for 60 days;  
Online support for questions for 180 days;  
Classes with Portuguese Subtitles;  
International Certification UTRIP & ISSUP Brasil.

**INVESTMENTS:**  
US\$ 75.00;

50% discount for those who participated in the Congresses  
Freemind or are Maintaining Partners;  
Payments Paypal or Bank Deposit

To participate it is necessary to join ISSUP Brasil  
<https://www.issup.net/pt-br/associacao/candidate-se?country=BR>

**Make your reservation as soon as possible and guarantee your place.**  
**Registration:** [cursos@issupbrasil.com.br](mailto:cursos@issupbrasil.com.br) ou +55 (19) 99793-0240

\*The registration fees for our events are exclusively for maintaining all fixed and variable operating expenses of the shares, in accordance with Article 1. of our Bylaws  
\*\* Coaches do not receive any fee, only cover their expenses.

# THANK YOU



Secretaria Nacional de Cuidados  
e Prevenção às Drogas