



2020

**Mahaweli
Sujatha Daruwo**



System
Medirigiriya



National Dangerous Drugs Control Board

Prepared by – Supun Udana Wewala Gedara

Introduction

Preventive Education and Training Unit of the National Dangerous Drugs Control Board was make new improvement to meet the necessities of outside people that involving with drug problems as well as other enumerator deviation.

Effective drug abuse prevention programmes assist to acquire the knowledge and develop the attitudes and skills to avoid drug abuse. A range of activities that maintain a balance between accurate, easy to understand information; exploration of their own as well as others values and attitudes; and opportunities to learn and practice special skills, should be selected.

National Dangerous Drugs Control Board in Collaborating with Mahaweli authority conduct the sujtha daruwo program since 2016.

Major objective the program is to change the attitude and improve and behaviors of the people towards a drug free life and improve the health and wellness of the people in mahaweli systems.

We are pleased that sujatha Daruwo Volunteer Community leaders of the program are reaching their goals in a great success.

System madirigiriya one of the main system in mahaweli authority. More than 2000 families living in this system. Beginning of the 2020 we started Sujatha Daruwo Training Series from System Madirigiriya and 46 Teenagers participated for the four-day work shop.

Budgeted and Organized by

Mahaweli Authority of Sri Lanka.

Conducted by

National Dangerous Drugs Control Board,
Preventive Education and Training Unit.

- Ms. Priyadarshani Rathnayaka - Education & Information Officer
- Mr. Supun Udana - Education & Information Assistant
- Ms. Sahangee Alwis - Education & Information Assistant

Responsible Officers

Mr.Pradeep Koholanegedara – Assistant Director, Preventive, Education & Training Unit. NDDCB

Mr. U.G.P. Ruwan Kumara – Assistant Director, Institutional Development Unit, MASL

Training Management and Supervision

Ms. Gayesha Gimanthige – Institutional Development Officer, MASL

Date – 11th – 14th of February 2020

Vanue – Development Center - Girandurukotte

Participants

43 teenagers Participated for the work shop

Training Goals

To enhance skills and attitudes about drug prevention and Make Drug Prevention Active Work Force

Training Objectives

Improve the knowledge about psychoactive Substance and harmful effects.

Science of addiction.

Develop Leadership, Inter personal and Communicational Skills

Training Materials

Clip Charts, Sets of Color Pens, Color Sheets, A Multimedia projector and screen, Glue Sticks, Markers, Note books, Laptop, Newsprint pads, Evaluation forms Pins, tacks, tape to post newsprint on walls. A timer

Training Method

The learning approach for the training series included Trainer-led presentations and discussions
Frequent use of creative learner-directed activities, such as small-group and partner to- partner interactions
Small-group exercises and presentations
Reflective writing exercises
Skills role-plays
Periodic reviews to enhance retention; and
Learning assessment exercises.



Training Evaluations

- Pre and Post Test
- Evaluation Sheets

Pre- Test and Post- Test

The pre and post-test were to evaluate the training programme in terms of knowledge improvement of the participants. 10 items Identical tests were used for pre- and post-tests to compare scores before and after the training respectively.

No	Name	Pre Test	Post Test
01	W. Sadeepa Lakshan	04	09
02	W. M. Anura Kumara	04	04
03	H.B. Ruchira Ishan Rathnayaka	04	07
04	W.M Ravidu Saranga	04	10
05	S. Nadun Dilshan Sarathchandra	02	07
06	R. G. Dinesh Sewwandi Dayarathne	03	08
07	W.P. Kaushalya Priyadarshani Vithanage	05	06
08	L.A.N. Praveeshani Bandara	02	07
09	P.A. Lakshika Dhananjani	03	05
10	J.M.N. Sewwandi Jayasinghe	03	08
11	K.G.L.G. Hanshini Shashikala	05	04
12	W. Ayesha Chandimali	02	08
13	P.S. Premachandra	06	06
14	H.M. Kanchana Madhuwanthi	04	04
15	H.M. Sumedha Madhuwanthi	05	07
16	H.B. Nadeesha Madhuwanthi	05	06
17	K.A. Sithumini Kaushalya	06	07
18	H.A. Ruwan Chaminda	04	10
19	U.P.R. Niroshan Nirmal	02	08
20	E.M.A.G. Shaim Diiupa	04	07
21	R.P. Kalinga Narada	00	08
22	W.M. Nimesha Sanjaya	06	06
23	H.H. Dulanjali Malshara	04	05
24	G.G. Hasithika Sadamali	06	08
25	M.G. Ramesh Kaushalya Kumara	04	06
26	D.M.J.D. Disanayake	03	08
27	C.G. Sakuni Dilhara	05	08
28	D. Chethana Samadhi	05	10
29	W.M. Saumya Samanmali	03	09
30	K.B.G. Daneesha Chamod	03	09
31	W.P.G. Hiruni Lasanthika	05	07
32	A.G. Gimhani Imasha	07	09
33	E.G. Bhagya Jayasinghe	04	07
34	A.G. Hashini Prabodika	04	08

35	J.M. Nimesha Jewwandi Jayasekara	06	07
36	K.H.G. Thanuja Deepika Dilrukshi	01	08
37	B.W.G. Ishara Shanika Madhumali	04	08
38	P. Hiruni Hasanthika	03	05
39	L.A. Nimmi Ishara	05	08
40	P.R.S. Dilshan Premarathna	03	08
41	E.M.A.G Lasantha Madush Kotadeniya	03	09
42	S.M. Dulan Manjula	04	06
43	W. Hemal Kavishka Deshan	03	08
		168	313



